

<https://helda.helsinki.fi>

Heart failure and diabetes : metabolic alterations and
therapeutic interventions: a state-of-the-art review from the
Translational Research Committee of the Heart Failure
Association-European Society of Cardiology

Maack, Christoph

2018-12-21

Maack , C , Lehrke , M , Backs , J , Heinzl , F R , Hulot , J-S , Marx , N , Paulus , W J ,
Rossignol , P , Taegtmeyer , H , Bauersachs , J , Bayes-Genis , A , Brutsaert , D , Bugger ,
H , Clarke , K , Cosentino , F , De Keulenaer , G , Dei Cas , A , Gonzalez , A , Huelsmann ,
M , Iaccarino , G , Lunde , I G , Lyon , A R , Pollesello , P , Rena , G , Riksen , N P , Rosano
, G , Staels , B , van Laake , L W , Wanner , C , Farmakis , D , Filippatos , G , Ruschitzka , F
, Seferovic , P , de Boer , R A & Heymans , S 2018 , ' Heart failure and diabetes : metabolic
alterations and therapeutic interventions: a state-of-the-art review from the Translational
Research Committee of the Heart Failure Association-European Society of Cardiology ' ,
European Heart Journal , vol. 39 , no. 48 , pp. 4243-+ . <https://doi.org/10.1093/eurheartj/ehy596>

<http://hdl.handle.net/10138/299005>

<https://doi.org/10.1093/eurheartj/ehy596>

cc_by_nc

publishedVersion

Downloaded from Helda, University of Helsinki institutional repository.

This is an electronic reprint of the original article.

This reprint may differ from the original in pagination and typographic detail.

Please cite the original version.

Heart failure and diabetes: metabolic alterations and therapeutic interventions: a state-of-the-art review from the Translational Research Committee of the Heart Failure Association–European Society of Cardiology

Christoph Maack¹, Michael Lehrke², Johannes Backs³, Frank R. Heinzel⁴, Jean-Sebastien Hulot^{5,6}, Nikolaus Marx², Walter J. Paulus⁷, Patrick Rossignol⁸, Heinrich Taegtmeyer⁹, Johann Bauersachs¹⁰, Antoni Bayes-Genis^{11,12}, Dirk Brutsaert¹³, Heiko Bugger¹⁴, Kieran Clarke¹⁵, Francesco Cosentino¹⁶, Gilles De Keulenaer¹⁷, Alessandra Dei Cas^{18,19}, Arantxa González²⁰, Martin Huelsmann²¹, Guido Iaccarino²², Ida Gjervold Lunde²³, Alexander R. Lyon²⁴, Piero Pollesello²⁵, Graham Rena²⁶, Niels P. Riksen²⁷, Giuseppe Rosano^{28,29}, Bart Staels^{30,31,32,33}, Linda W. van Laake³⁴, Christoph Wanner³⁵, Dimitrios Farmakis³⁶, Gerasimos Filippatos³⁶, Frank Ruschitzka³⁷, Petar Seferovic³⁸, Rudolf A. de Boer³⁹, and Stephane Heymans^{40,41,42*}

¹Comprehensive Heart Failure Center, University Clinic Würzburg, Würzburg, Germany; ²Department of Internal Medicine I, University Hospital Aachen, Aachen, Germany; ³Department of Molecular Cardiology and Epigenetics, University of Heidelberg, Heidelberg, Germany; ⁴Department of Cardiology, Charité—Universitätsmedizin, Berlin, Germany; ⁵Paris Cardiovascular Research Center PARCC, INSERM UMR970, CIC 1418, and F-CRIN INI-CRCT (Cardiovascular and Renal Clinical Trialists), Paris, France; ⁶AP-HP, Hôpital Européen Georges-Pompidou, Paris, France; ⁷Department of Physiology, VU University Medical Center, Amsterdam, The Netherlands; ⁸InsERM, Centre d'Investigations Cliniques—Plurithématique 14-33, Inserm U1116, CHRU Nancy, Université de Lorraine, and F-CRIN INI-CRCT (Cardiovascular and Renal Clinical Trialists), Nancy, France; ⁹Department of Internal Medicine, McGovern Medical School, The University of Texas Health Science Center at Houston, Houston, TX, USA; ¹⁰Department of Cardiology and Angiology, Hannover Medical School, Hannover, Germany; ¹¹Heart Failure Unit and Cardiology Service, Hospital Universitari Germans Trias i Pujol, CIBERCV, Badalona, Spain; ¹²Department of Medicine, Universitat Autònoma de Barcelona, Barcelona, Spain; ¹³Prof-Emer, University of Antwerp, Antwerp, Belgium; ¹⁴Cardiology and Angiology, Heart Center, University of Freiburg, Freiburg, Germany; ¹⁵Department of Physiology, Anatomy and Genetics, University of Oxford, Oxford, UK; ¹⁶Department of Medicine Solna, Cardiology Unit, Karolinska Institute and Karolinska University Hospital, Stockholm, Sweden; ¹⁷Laboratory of Physiopharmacology, University of Antwerp, Antwerp, Belgium; ¹⁸Department of Medicine and Surgery, Endocrinology and Metabolism, University of Parma, Parma, Italy; ¹⁹Division of Endocrinology and Metabolic Diseases, Azienda Ospedaliero-Universitaria of Parma, Parma, Italy; ²⁰Program of Cardiovascular Diseases, Centre for Applied Medical Research, University of Navarra, Pamplona and CIBERCV, Carlos III Institute of Health, Madrid, Spain; ²¹Division of Cardiology, Department of Medicine II, Medical University of Vienna, Vienna, Austria; ²²Department of Medicine, Surgery and Dentistry, University of Salerno, Baronissi, Italy; ²³Institute for Experimental Medical Research, Oslo University Hospital and University of Oslo, Oslo, Norway; ²⁴Cardiovascular Research Centre, Royal Brompton Hospital; National Heart and Lung Institute, Imperial College London, London, UK; ²⁵Faculty of Medicine, University of Helsinki, Helsinki, Finland; ²⁶Division of Molecular and Clinical Medicine, Ninewells Hospital and Medical School, University of Dundee, Dundee, UK; ²⁷Department of Internal Medicine, Radboud University Medical Center, Nijmegen, the Netherlands; ²⁸Cardiovascular Clinical Academic Group, St George's Hospitals NHS Trust University of London, London, UK; ²⁹IRCCS San Raffaele Roma, Rome, Italy; ³⁰University of Lille—EGID, Lille, France; ³¹Inserm, U1011, Lille, France; ³²Institut Pasteur de Lille, Lille, France; ³³University Hospital CHU Lille, Lille, France; ³⁴Department of Cardiology, Heart and Lungs Division, and Regenerative Medicine Centre, University Medical Centre Utrecht, Utrecht, the Netherlands; ³⁵Würzburg University Clinic, Würzburg, Germany; ³⁶Heart Failure Unit, Athens University Hospital Attikon, National and Kapodistrian University of Athens, Athens, Greece; ³⁷University Heart Centre, University Hospital Zurich, Zurich, Switzerland; ³⁸Department of Cardiology, Belgrade University Medical Centre, Belgrade, Serbia; ³⁹Department of Cardiology, University Medical Centre Groningen, University of Groningen, Groningen, The Netherlands; ⁴⁰Department of Cardiology, Cardiovascular Research Institute Maastricht, Maastricht University Medical Centre, Maastricht, The Netherlands; ⁴¹Netherlands Heart Institute, Utrecht, The Netherlands; and ⁴²Department of Cardiovascular Sciences, Leuven University, Belgium

Received 19 March 2018; revised 21 June 2018; editorial decision 22 August 2018; accepted 7 September 2018; online publish-ahead-of-print 8 October 2018

* Corresponding author. Tel: +31 (0)43 388 2950, Fax: +31 (0)43 3882952, Email: s.heyman@maastrichtuniversity.nl

© The Author(s) 2018. Published by Oxford University Press on behalf of the European Society of Cardiology.

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (<http://creativecommons.org/licenses/by-nc/4.0/>), which permits non-commercial re-use, distribution, and reproduction in any medium, provided the original work is properly cited. For commercial re-use, please contact journals.permissions@oup.com

Introduction

Heart failure (HF) is growing to a modern epidemic and despite advances in therapy, it still carries an ominous prognosis and a significant socioeconomic burden.¹ Many novel agents that emerged as promising HF drugs failed to improve residual morbidity and mortality.^{2,3} Since developing and testing new agents has become increasingly costly,⁴ the concept of repurposing existing drugs for new indications has gained considerable importance.

Conceptually, comorbidities such as type 2 diabetes mellitus (T2DM), obesity or chronic kidney disease, all highly prevalent in HF populations, have shifted from being innocent bystanders to drivers of HF. This applies especially to HF with preserved ejection fraction (HFpEF), a phenotype that accounts for more than 50% of HF patients and for which no effective therapy exists thus far.^{5,6} In particular, the prevalence of T2DM, thereby its combination with HF is rapidly increasing, mainly due to the obesity epidemic.

Cardiovascular (CV) outcomes are addressed by an increasing number of clinical studies in T2DM, mainly as safety endpoints for anti-diabetic agents. Some of those drugs have beneficial CV effects independent of their glucose-lowering action. Consequently, anti-diabetic agents have gained interest for their potential repurposing in HF treatment. In this context, the Translational Research Committee of the Heart Failure Association (HFA) of the European Society of Cardiology (ESC) organized a workshop on HF and T2DM, focusing on the pathophysiological and therapeutic aspects of this relationship. Here, we summarize the main points raised during this workshop, providing an overview of current evidence and open issues.

Clinical background

Epidemiology

Patients with HF have a four-fold higher prevalence of T2DM (20%) than patients without HF (4–6%),^{4,7} and this rises to 40% in T2DM patients hospitalized for HF.^{8,9} T2DM worsens prognosis for patients with HF with reduced ejection fraction (HFrEF), but even more with HFpEF, by increasing the risk of death and hospitalization.¹⁰ Patients with T2DM have a 75% higher risk of CV death or HF hospitalization compared with those without T2DM.¹¹ Furthermore, the risk to develop HF is 2.5-fold increased for patients with T2DM¹² and 1.7-fold for patients with impaired glucose tolerance (IGT) or insulin resistance¹³ compared with normal (non-diabetic) individuals, respectively. In T2DM patients who are older than 65 years, the coexistence of HF portends a 10-fold higher mortality risk.⁷ Thus, epidemiological evidence implies a bidirectional association between HF and T2DM (Figure 1), with one increasing the incidence and worsening the prognosis of the respective other.¹⁴

Diabetic cardiomyopathy

Type 2 diabetes mellitus affects the heart through several mechanisms. Diabetic macroangiopathy causes coronary artery disease (CAD) and myocardial ischaemia. In addition, a distinct, ischaemia- and hypertension-independent cardiomyopathy was defined as diabetic cardiomyopathy, describing the direct effects of diabetes-associated metabolic alterations on myocardial function. Its diagnosis requires a history of long-standing and/or poorly controlled T2DM

along with exclusion of significant coronary, hypertensive, valvular and/or congenital heart disease as well as of familial, viral, toxic, or infiltrative cardiomyopathy. As reviewed in more detail elsewhere,¹⁵ diabetic cardiomyopathy was initially described as a dilated, HFrEF-like phenotype occurring in diabetic patients with microvascular complications such as nephropathy and retinopathy. More recently, diabetic cardiomyopathy shifted towards a rather restrictive, HFpEF-like phenotype, occurring more commonly in obese women with poor glycaemic control.¹⁵ However, since it is difficult to study the cardiac phenotype of patients with diabetes without the confounding influence of any other risk factors, the epidemiological evidence for such diabetic cardiomyopathy requires more epidemiological, but also basic research.

Pathophysiology

Mechanisms related to diabetic cardiomyopathy

In HF, the coexistence of T2DM mainly aggravates left ventricular (LV) diastolic dysfunction by increasing LV stiffness and mass, without impairing global pump function.^{16,17} In diabetic patients, LV diastolic dysfunction correlates with fasting blood glucose, HbA1c levels and body mass index (BMI), all markers of insulin resistance.¹⁸ However, it is currently unresolved which factors drive the development of one or the other diabetic cardiomyopathy phenotype. The restrictive phenotype is more prevalent in patients with T2DM and obesity, while the dilated phenotype is more common in type 1 diabetes.¹⁵ Accordingly, hyperglycaemia, hyperinsulinaemia, and lipotoxicity may predispose more to the restrictive phenotype, while autoimmune processes rather favour the dilated phenotype.¹⁵ At the same time, the diverse pathogenetic origins of myocardial dysfunction and remodelling in HFpEF and HFrEF may also determine the development of diabetic cardiomyopathy into either the restrictive or the dilated phenotype, respectively (Figure 1).^{5,15} In HFpEF, endothelial dysfunction of the coronary microvasculature predominates, triggered by comorbidity-related inflammation, while in HFrEF, cardiomyocyte loss caused by ischaemia or toxic agents prevails.¹⁹ In addition, interstitial and perivascular myocardial fibrosis and increased production of advanced glycation end products (AGEs) increase collagen stiffness through cross-linking, enhancing diastolic dysfunction in diabetic cardiomyopathy (Figure 1).²⁰ Fibrosis, although relevant to both phenotypes, appears more important in the dilated form.¹⁶

Changes in intracellular Ca^{2+} homeostasis are another hallmark of cardiac dysfunction in diabetes (Figure 1). Overall, the mechanisms of dysfunctional Ca^{2+} handling observed in diabetic mouse models resemble those in HFrEF, including decreased sarcoplasmic reticulum Ca^{2+} load and decreased amplitudes of cytosolic Ca^{2+} transients, but also elevated intracellular sodium (Na^+).^{21,22} In HFrEF, severe alterations in cytosolic Na^+ and Ca^{2+} handling have a negative impact on mitochondrial Ca^{2+} uptake, thereby the matching of ATP supply and demand and the regeneration of the anti-oxidative capacity, resulting in energetic deficit and oxidative stress.²³ Whether dysregulated cytosolic and mitochondrial Na^+ and Ca^{2+} handling contribute to the development of diabetic cardiomyopathy remains unclear

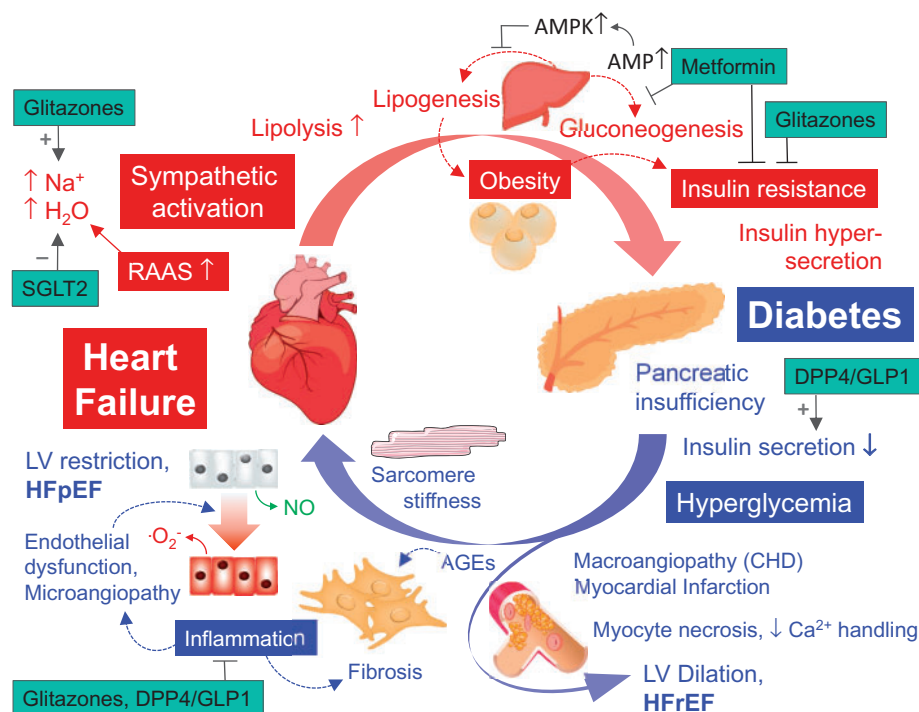


Figure 1 Systemic interdependence of heart failure and type 2 diabetes mellitus. In heart failure, neuroendocrine activation alters haemodynamics and metabolism, predisposing to the development of diabetes through insulin resistance. In diabetes, hyperglycaemia induces macro- and microvascular dysfunction, and myocardial ischaemia and/or infarction bias towards systolic dysfunction (heart failure with reduced ejection fraction), while in the absence of ischaemia, diastolic dysfunction (heart failure with preserved ejection fraction) prevails through a combination of sarcomere stiffness and fibrosis. Inflammation is a key systemic factor that contributes to several of these processes. The specific points of intervention by glucose-lowering drugs are indicated (all have in common that they lowered hyperglycaemia). AGEs, advanced glycation end products; AMP, adenosine monophosphate; AMPK, AMP-kinase; DPP4/GLP1, DPP4-inhibitors/GLP-1 analogons; SGLT2, SGLT2-inhibitors.

in vivo, despite recent *in vitro* data pointing towards such mechanisms.^{21,22,24}

A number of relevant mechanisms including derangement of myocardial energy substrates, insulin resistance and endothelial dysfunction, resulting from a series of underlying conditions and risk factors such as obesity, link T2DM, and myocardial dysfunction through inflammation, nutrient imbalance, and neurohormonal activation.²⁵

Myocardial energy substrate

The normal heart mainly consumes free fatty acids (FFA; ~70%) and glucose (~30%) (Figure 2).²⁶ It is, however, an 'omnivore' and can adapt its choice of fuels according to their availability. This metabolic flexibility is predominantly regulated by the 'Randle cycle', by which high circulating levels of glucose decrease rates of FFA oxidation and vice versa.²⁷

- In HF, uptake of glucose and FFA into cardiac myocytes is increased, while their further uptake and oxidation in mitochondria is decreased (Figure 2). This leads to accumulation of metabolic intermediates in the cytosol, inducing maladaptive signalling.²⁶
- In T2DM, increased FFA levels activate peroxisome proliferator-activated receptor (PPAR)- α , a nuclear receptor increasing transcripts of FFA metabolism, shifting substrate utilization towards

FFA (Figure 3). Together with increasing insulin resistance, this minimizes glucose utilization and makes the heart metabolically less flexible.^{26,28}

The dominance of FFA utilization in diabetic hearts contributes to energetic inefficiency. First, FFA oxidation requires 11% more O₂ per carbon unit than glucose oxidation. Second, FFA induce expression of mitochondrial uncoupling protein (UCP) 3 through PPAR- α ,²⁹ dissipating the mitochondrial proton gradient. This deteriorates ATP production efficiency, as more O₂ is required for ATP synthesis, a process termed 'mitochondrial uncoupling' (Figure 3).³⁰ A similar concept emerged for UCP2 and UCP3 in HF.³¹

In T2DM, nutritional supply accounts for elevated FFA and glucose plasma levels. Conversely, in HF, sympathetic activation promotes lipolysis and release of FFA from adipose tissue into the plasma (Figure 1). Elevated FFA plasma levels are associated with LV diastolic dysfunction, while their lowering improves diastolic function.^{32–34} Drugs that interfere with FFA utilization, thereby shift substrate utilization towards glucose, such as trimetazidine and perhexiline, (Figure 4), improve cardiac function in patients with ischaemic heart disease and/or HF, respectively.^{35,36}

Ketone bodies (mainly, D-beta-hydroxybutyrate) increase as a response to energy depletion or starvation, providing an alternative substrate for oxidative phosphorylation.³⁷ Ketone bodies are not

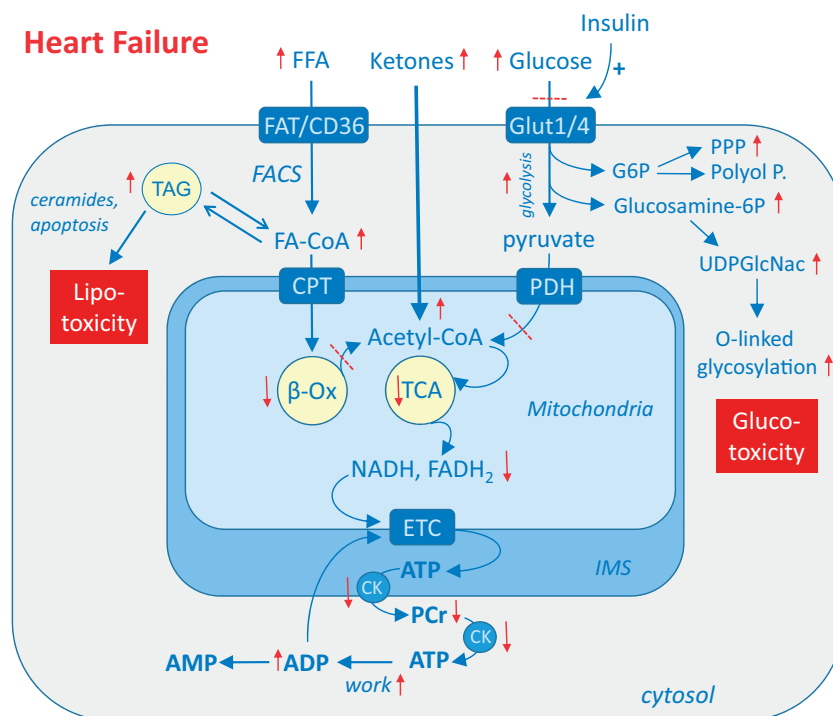


Figure 2 Cardiac metabolic alterations in heart failure. In heart failure, increased uptake of free fatty acids and glucose into the cytosol is uncoupled from mitochondrial uptake and oxidation of free fatty acid and pyruvate, respectively. This provokes accumulation of metabolic intermediates in the cytosol which can trigger lipo- and glucotoxicity. Instead, utilization of ketone bodies is increased in heart failure. Impaired overall substrate oxidation reduces Krebs cycle (TCA) activity, oxidizing electron donors NADH and FADH₂ for the electron transport chain (ETC). This reduces metabolic flux through creatine kinase (CK), thereby the phosphocreatine (PCr) to ATP ratio. β -Ox., β -oxidation; CPT-1/2, carnitine palmitoyltransferase type 1/2; FA-CoA, fatty acyl-coenzyme A; FACS, fatty acyl-coenzyme A synthetase; FAT/CD36, fatty acid translocase; GLUT 1/4, glucose transporters 1/4; G6P, glucose-6-phosphate; PDH, pyruvate dehydrogenase complex; PPP, pentose phosphate pathway; Polyol P., Polyol pathway; TAG, triacylglycerol; UDPGlcNac, UDP-glycylacetylation. Red arrows (\downarrow) indicate the changes in heart failure.

readily available from food, but produced in the liver by incomplete oxidation of FFA released from adipose tissue in response to fasting.³⁸ The enzymes regulating ketone body metabolism are up-regulated in mice and humans with end-stage HF, while those regulating glucose and FFA metabolism are down-regulated (Figure 2).^{39–41} Accordingly, the failing heart oxidizes ketone bodies when metabolism of other energy substrates is impaired.⁴² However, whether enhanced ketone body metabolism is a cause, a consequence, a bystander or a compensating mechanism in HF is presently unknown.⁴² Furthermore, ketone bodies induce FFA uptake into adipocytes, therefore decreasing FFA in the circulation and in turn, increasing glucose uptake into myocytes, thus improving substrate provision and possibly energy production in the heart. A dietary increase in ketone bodies is difficult to accomplish and requires strict adherence to a high-fat and low-carbohydrate diet, the so called 'ketogenic diet'. A synthetic ketone ester drink (ΔG°) that achieved 10-fold higher circulating D- β -hydroxybutyrate levels than any dietary approach⁴³ improved physical performance and cognitive function in rats and humans.^{37,43,44} Furthermore, ΔG° reduced fasting lipid, HbA1c, fasting and postprandial glucose levels in T2DM patients as well as liver fat in obese subjects (Kieran Clarke, unpublished data); however, controlled trials are yet missing.

Insulin resistance in heart failure

Insulin resistance, the impaired ability of cells to take up glucose from the bloodstream in response to insulin, is associated with increased lipolysis, hepatic lipogenesis, and hepatic gluconeogenesis (Figure 1), thus increasing substrate supply to the heart.⁴⁵ However, myocardial substrate overload decreases substrate oxidation, leading to metabolic maladaptation and myocardial dysfunction through lipo- and glucotoxicity (Figure 3).⁴⁶ In this context, myocardial insulin resistance may even be an adaptive mechanism to ameliorate substrate overload,^{46,47} possibly explaining (at least to some extent) the adverse CV effects of tight glycaemic control with insulin and of some insulin-sensitizing agents such as the group of thiazolidinediones (TZD).^{46,48–51}

Endothelial function

Diabetes is associated with endothelial dysfunction (Figure 1), disturbing endothelial-cardiomyocyte communication and vascular function.⁵² Intensified glucose control reduced diabetic microvascular complications but has less impact on macrovascular complications and HF in T2DM patients, indicating direct HF protective effects of anti-diabetic drugs on endothelial function independent of their

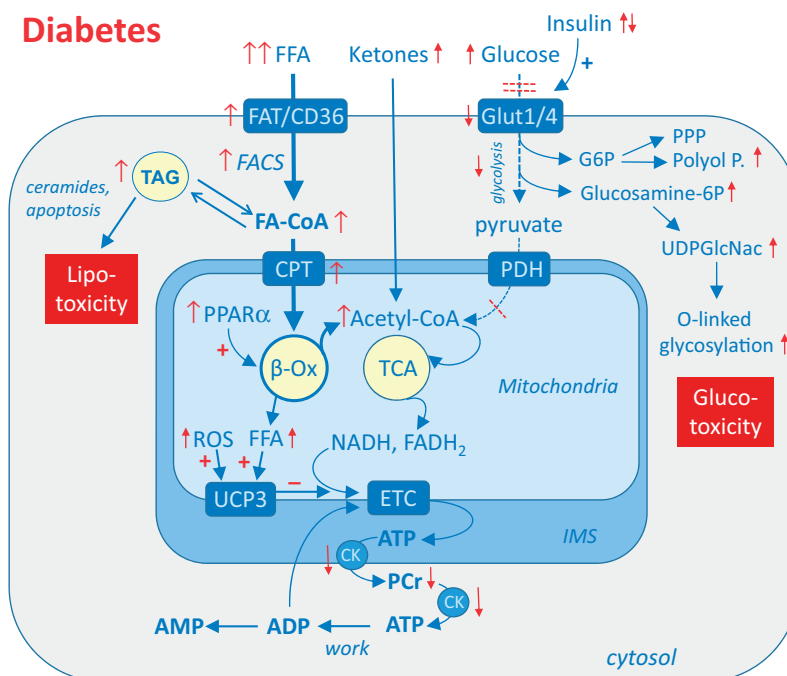


Figure 3 Cardiac metabolic alterations in diabetes. In diabetes, strongly increased free fatty acid activate peroxisome proliferator-activated receptor α (PPAR α), which up-regulates expression of genes involved in fatty acid (FA) oxidation. Increased FA oxidation shuts down glucose uptake and oxidation (insulin resistance), thereby blunts metabolic flexibility. Excessive FA are stored as triacylglycerol (TAG), which can mediate lipotoxicity. FA and reactive oxygen species (ROS) activate uncoupling protein 3 (UCP3), which makes ATP production less efficient. Abbreviations see legend of Figure 2.

glycaemic effects.⁵³ A common mechanism of several anti-diabetic drugs is activation of phosphatidylinositol 3-kinase (PI3K), which controls the activity of endothelial nitric oxide synthase (eNOS) (Figure 4).

The drugs: anti-diabetic agents and the heart—mechanisms and evidence

Metformin

Metformin is the first-line drug for the treatment of T2DM, although its mechanisms of action have not yet been fully elucidated.⁵⁴ Metformin inhibits respiratory chain enzymes (complex I) in mitochondria, hence decreasing ATP production with a parallel increase in AMP (Figure 4).⁵⁵ This inhibits glucose synthesis from pyruvate, thereby reducing hepatocytes gluconeogenesis (Figure 1). Furthermore, increased AMP stimulates AMP-activated protein kinase (AMPK), which inhibits acetyl-CoA carboxylase, malonyl-CoA, lipid and cholesterol synthesis (Figure 1).⁵⁴

In addition to its metabolic actions, metformin protects against myocardial ischaemia/reperfusion injury in animal models, limiting infarct size and attenuating post-ischaemic myocardial remodelling, irrespective of the presence of diabetes.⁵⁶ These effects are mediated by AMPK and eNOS (Figure 4), adenosine release and prevention of

mitochondrial permeability transition pore opening during reperfusion.⁵⁷ Metformin also prevented HF progression in dogs through AMPK activation (Figure 4).⁵⁸ Furthermore, metformin improves endothelial function *in vivo* by reducing superoxide production and increasing NO bioavailability (Figure 4). It also exerts anti-inflammatory effects in mammals independent of AMPK,⁵⁹ while attenuating myocardial fibrosis.⁶⁰ Interestingly, the anti-inflammatory action of metformin in humans was independent of the presence of T2DM.

In one randomized controlled trial (RCT), metformin reduced mortality and CV morbidity in T2DM patients,⁶¹ and positive outcomes confirmed by cohort studies and meta-analyses.^{62,63} While no prospective RCT with metformin in patients with T2DM and prevalent HF is available, a series of case-control- or cohort studies, systematic reviews and one meta-analysis showed that metformin (mono- or add-on-therapy) resulted in lower all-cause mortality, HF readmission and lower rates of lactic acidosis in diabetic patients with HF.^{64–69} Accordingly, metformin is recommended as first line therapy for the management of diabetes mellitus (DM) in patients with HF by the current ESC Guidelines (class IIa, level of evidence C).⁷⁰

Reducing infarct size and preventing post-ischaemic myocardial dysfunction and remodelling could be a potential beneficial mechanism of metformin in diabetic patients that provides some ground for drug repurposing in non-diabetic individuals. However, with the exception of one retrospective analysis,⁷¹ coexistent metformin therapy was not associated with reduced infarct size or improved LV systolic or diastolic function in T2DM patients with ST-elevation

the European Medicines Agency to recommend suspension of the drug's license in 2010. In the PROactive trial in patients with T2DM and CAD, ischaemic stroke or peripheral arterial disease but not HF, pioglitazone actually reduced the composite endpoint of all-cause death, non-fatal myocardial infarction and non-fatal stroke.⁸⁴ Here, the drug increased the risk of episodes of HF worsening, but the decrease in the composite endpoint was maintained in severe HF patients.^{84,89} The differential clinical outcome of rosiglitazone and pioglitazone may reflect their aforementioned differential effects on lipid metabolism. In a meta-analysis, pioglitazone even increased the risk of HF, without, however, an increase in the composite endpoint of death, myocardial infarction or stroke.^{49,87} These findings lead to the concept that HF worsening was a class effect of TZD.⁹⁰ In this context, the ESC Guidelines for HF state that TZD are contraindicated for the treatment of T2DM in patients with HF (class III, level of evidence A).⁷⁰

Fluid retention by TZD is central in the pathophysiology of drug-induced hospitalizations for HF worsening, as the prevalence of oedema with TZD increases. Combined action of PPAR- γ activation in kidneys and the vasculature, including increased Na⁺ and water retention in distal tubules, arterial vasodilatation, and increased vascular volume capacity and capillary permeability may underlie these clinical observations.⁷⁹ In this context, the observed effect of the drug might have been simple fluid retention and not true HF in the PROactive trial.^{84,91} On the other hand, since insulin resistance may actually be an adaptive mechanism of the failing heart to resist substrate overload, insulin sensitization by TZD may be detrimental by increasing fuel supply.⁴⁶

The clinical side effects of full PPAR γ agonism sparked interest in partial PPAR γ agonists. INT131 is the most advanced member of this novel class of selective PPAR γ modulators (SPPARM), which may provide similar glucose-lowering potential but less fluid retention. INT131 is currently evaluated in phase I and II clinical studies in diabetes.

Main findings for glitazones in T2DM and HF

- PPAR γ activation confers benefits in metabolic signalling, vascular function, inflammation, fibrosis, and diastolic function in the diabetic heart.
- PPAR γ activation by glitazones may cause fluid retention and worsening in HF.
- Glitazones are not recommended in patients with pre-existing HF.
- Pioglitazone reduces all-cause death, non-fatal myocardial infarction and non-fatal stroke, a benefit maintained in patients who experienced HF worsening.

Open questions for glitazones in T2DM and HF

- What is the exact pathophysiology of glitazone-induced HF worsening (fluid retention, insulin sensitization with cardiac substrate overload)?
- What is the value of partial PPAR γ activation, including the novel SPPARMs causing less fluid retention in diabetic HF?

Incretin-based therapies: Glucagon-like peptide-1 receptor agonists and dipeptidyl peptidase-4 inhibitors

Glucagon-like peptide-1 receptor agonists

Incretins, i.e. glucagon-like peptide-1 (GLP-1) and glucose-dependent insulinotropic polypeptide (GIP) are intestinal hormones released in response to food intake and inflammatory stimuli.^{92,93} Activation of the GLP-1 receptor impacts the pancreas, stomach, and brain to accommodate food ingestion, including decreased gastric motility and appetite. Dipeptidyl peptidase-4 (DPP-4) breaks GLP-1 down to the inactive GLP-1 metabolite (9-36 amide).

Glucagon-like peptide-1 receptor agonists lower blood glucose by increasing insulin and decreasing glucagon release (Figure 1), while further decreasing body weight in T2DM patients.⁹⁴⁻⁹⁶ In animal models, GLP-1 receptor agonists reduced infarct size and improved cardiac function after ischaemia/reperfusion through pro-survival pathways such as PI3K, Akt, and ERK1/2 (Figure 4)^{97,98} and attenuated post-ischaemic LV remodelling by activating AMPK/eNOS/cGMP/PKG pathways.^{98,99} They also improved LV function in non-ischaemic HF models, such as anthracycline-induced cardiotoxicity, potentially by increasing myocardial glucose uptake.^{99,100} In another preclinical model, GLP-1 lowered blood pressure by atrial natriuretic peptide release, which was, however, not recapitulated in humans.¹⁰¹ GLP-1 and GLP-1 receptor agonists may also improve endothelial function by PI3K-induced eNOS activation (Figures 1 and 4).¹⁰²

Some trials on GLP-1 receptor agonists yielded beneficial CV outcomes. The long-lasting and structurally related GLP-1-agonists liraglutide or semaglutide reduced CV death, non-fatal myocardial infarction or non-fatal stroke in high-risk T2DM patients, as shown by the LEADER and SUSTAIN-6 trials, respectively.^{95,96} In contrast, the short-acting lixisenatide (ELIXA) and the long-acting exenatide (EXSCCEL) GLP-1 receptor agonists had neutral CV effects.^{103,104}

The mechanisms for this differential response remain elusive.^{95,96,104,105} The beneficial CV outcomes provided by liraglutide and semaglutide occurred in high-risk T2DM patients with a history of CAD, ischaemic stroke, peripheral arterial disease, HF or kidney disease and therefore concern mostly secondary prevention.^{95,96} None of the GLP-1 receptor agonists improved HF outcomes in these populations, but rather increased heart rate by approximately 3 b.p.m.^{95,96,103,104} In addition, in the FIGHT and LIVE studies in patients with HFrEF with or without T2DM, liraglutide increased adverse CV events compared with placebo.^{106,107} Safety concerns were also raised for vildagliptin, but no increase in adverse CV events was confirmed by subsequent retrospective studies or meta-analyses.^{108,109} Ongoing RCTs with long-acting GLP-1 receptor agonists dulaglutide (REWIND, NCT01394952) and albiglutide (HARMONY outcomes, NCT0246551; both expected to report 2019) will provide further insights into their potential effect on CV outcome in high-risk patients with DM.

Interestingly, the first-in-class angiotensin receptor neprilysin inhibitor (ARNI) sacubitril/valsartan also lowered HbA1c in patients with HFrEF and T2DM.¹¹⁰ This effect may be mediated by GLP-1 enhancement through decreased metabolism by neutral endopeptidase, the target of sacubitril.¹¹⁰⁻¹¹² However, the change in HbA1c and the composite primary outcome did not correlate in the seminal PARADIGM-HF trial.¹¹⁰

Dipeptidyl peptidase-4 inhibitors

Dipeptidyl peptidase-4 inhibitors lower blood glucose by increasing insulin and decreasing glucagon release (Figure 1) without decreasing body weight in T2DM patients.^{94–96} In diabetic mice, DPP-4 inhibition improved cardiac contractility after myocardial infarction and improved LV diastolic function,^{113,114} although another study failed to confirm those beneficial effects.¹¹⁵

In contrast to GLP-1 receptor agonists and despite the beneficial vascular effects of DPP-4 inhibitors in pre-clinical¹¹⁶ and clinical studies,¹¹⁷ RCTs with DPP-4 inhibitors were neutral regarding major adverse CV events at glucose equipose.^{105,118,119} In the SAVOR-TIMI 53 trial, saxagliptin even increased the risk for HF hospitalization by 27% in patients with a history of CAD, ischaemic stroke, peripheral artery disease or CV risk factors.¹¹⁹ This was, however, neither the case for alogliptin in T2DM patients with a recent acute coronary syndrome (EXAMINE) nor with sitagliptin in T2DM patients with a history of CAD, ischaemic stroke or peripheral artery disease (TECOS).^{105,120} A meta-analysis of RCTs revealed a non-significant 14% increased HF risk with DPP-4 inhibition, but with large heterogeneity between different substances.¹²¹ Nevertheless, the FDA added a HF warning for this class of drugs. Ongoing RCTs with linagliptin (CARMELINA and CAROLINA expected to report 2018 and 2019) will provide more evidences on safety of DPP-4 inhibitors in HF.

Main findings for Incretin-based therapies in T2DM and HF

- Incretin-based therapies do not increase the risk of major adverse CV events (MACE).
- In LEADER and SUSTAIN-6, GLP-1 receptor agonists reduced MACE.

Open questions for incretin-based therapies in T2DM and HF

- Do incretin-based therapies prevent macrovascular events?
- Are incretin-based therapies efficient in T2DM with HF?
- What are the mechanisms of CV mortality reduction by long-acting GLP-1 receptor agonist liraglutide, and how can this affect patient selection?

Sodium glucose co-transporter 2 inhibitors

The sodium glucose co-transporter 2 (SGLT2) is located in the proximal renal tubule and accounts for 90% of glucose reabsorption.¹²² The remaining urinary glucose is reabsorbed by SGLT1, which is also expressed in the intestine and the heart. Inhibition of SGLT2 by empagliflozin, dapagliflozin, ertugliflozin, or canagliflozin (with the latter also featuring some SGLT1-inhibitory capacity) increases urinary glucose excretion, thereby urine volume.¹²³ The concept of SGLT2-inhibition is different from other glucose-lowering strategies since glucose is removed from the 'system', thereby reducing total body and cellular glucose toxicity independent of insulin. The mode of

action of SGLT2-inhibitors has metabolic and haemodynamic consequences.

Metabolic consequences

Besides reducing fasting and postprandial blood glucose levels, SGLT2-inhibitors decrease uric acid but increase glucagon, FFA, and ketone body (beta-hydroxybutyrate) levels (Figure 1). In addition, SGLT2 inhibition increases endogenous glucose production, which partly compensates glucose excretion, preventing hypoglycaemia.^{124,125} Through early diuretic and longer-term metabolic effects, SGLT2-inhibitors reduce body weight.^{123,126} In addition, SGLT2 inhibitors affect cardiac metabolism by changing myocardial substrate supply and by altering myocardial energy demand.¹²⁵

Substrate supply: SGLT2 inhibitors decrease glucose and increase FFA and ketone bodies (Figure 4), thereby shifting myocardial substrate supply.^{125,127} In DM patients, SGLT2 inhibitors up-regulate ketone body levels and oxidation; ketone bodies may represent a more efficient metabolic substrate than lipids (but not glucose) as they liberate more energy per carbon unit (the 'thrifty substrate hypothesis'; Figure 4).¹²⁸ Furthermore, empagliflozin increases BCAA catabolism in T2DM,¹²⁹ which is diminished in HF. Whether these actions are translated into clinically meaningful effects on the myocardium is presently unclear.¹³⁰

Mitochondrial function: While the natriuretic effect of empagliflozin occurs only transiently at the onset of therapy,¹³¹ empagliflozin reduced $[Na^+]_i$ in cardiac myocytes, presumably by inhibiting the Na^+/H^+ exchanger (NHE).¹³² This may increase mitochondrial Ca^{2+} by slowing mitochondrial Na^+/Ca^{2+} exchange.¹³² In mitochondria, Ca^{2+} is required to match ATP supply to demand and regenerate the antioxidative capacity through Krebs cycle activation.²³ In DM and HF, $[Na^+]_i$ is elevated and causes energetic mismatch and oxidative stress.^{21,23} Therefore, empagliflozin may exert beneficial effects by preventing energetic mismatch and oxidative stress in cardiac myocytes by lowering $[Na^+]_i$ (the ' Na^+ hypothesis'),²⁴ which may also have consequences for preventing arrhythmias.¹³³

Haemodynamic consequences

In the kidney, empagliflozin lowers intra-glomerular pressure through the 'tubulo-glomerular feedback' mechanism: due to increased Na^+ concentrations at the macula densa, afferent arteriole vasoconstriction lowers glomerular pressure, thereby reducing albuminuria and conferring renal protection.^{134,135} The diuretic effect lowers blood pressure and the heart rate-blood pressure product as determinants of myocardial O_2 consumption,^{136,137} thereby unloading the heart. Furthermore, this ameliorates arterial stiffness, decreases the aortic and carotid augmentation index as well as LV mass.¹³⁸ Finally, anti-inflammatory and anti-oxidative properties were observed.¹³⁹

In the EMPA-REG OUTCOME trial, empagliflozin reduced the composite primary endpoint of CV death, nonfatal myocardial infarction, and nonfatal stroke in type 2 DM patients with CV disease.¹²⁶ This effect was driven by a 38% reduction in CV death, while empagliflozin also reduced all-cause death and HF hospitalizations. In particular, the risk of HF hospitalization was lowered by 35%, and this reduction reached 40% in patients with estimated glomerular filtration rate (eGFR) between 30 and 60 mL/min/1.73 m² at baseline. The early separation of the curves in favour of

Table 1 Effects of anti-diabetic agents on combined cardiovascular and heart failure endpoints according to key randomized trials (hazards ratio and 95% confidence intervals or percent of events in active treatment vs. placebo and *P* values)

Drug class	Agent (trial)	Composite CV endpoints	Heart failure endpoints
Biguanides	Metformin (Meta-analysis; 35 trials) ⁹⁰	CV death, MI, HF, stroke 0.94 (0.82–1.07)	Not reported
Glitazones (thiazolidinediones)	Pioglitazone (PROactive; <i>n</i> = 5238) ¹¹⁹	Death, MI, stroke 0.84 (0.72–0.98)	Any HF event 11% vs. 8% (<i>P</i> < 0.0001)
	Rosiglitazone (RECORD; <i>n</i> = 4447) ¹¹⁸	CV death or hospital 0.99 (0.85–1.16)	HF death or hospital 2.10 (1.35–3.27)
GLP-1 receptor agonists	Lixisenatide (ELIXA; <i>n</i> = 6068) ¹³⁶	CV death, MI, UA, stroke 1.02 (0.89–1.17)	HF hospital 0.96 (0.75–1.23)
	Liraglutide (LEADER; <i>n</i> = 9340) ¹²⁷	CV death, MI, stroke 0.87 (0.78–0.97)	HF hospital 0.87 (0.73–1.05)
	Semaglutide (SUSTAIN-6; <i>n</i> = 3297) ¹²⁶	CV death, MI, stroke 0.74 (0.58–0.95)	HF hospital 1.11 (0.77–1.61)
	Exenatide (EXSCEL; <i>n</i> = 14752) ¹³⁷	CV death, MI, stroke 0.91 (0.83–1.00)	HF hospital 0.94 (0.78–1.13)
DDP-4 inhibitors	Alogliptin (EXAMINE; <i>n</i> = 5380) ¹²⁰	CV death, MI, stroke 0.96 (≤1.16)	Not reported
	Saxagliptin (SAVOR-TIMI 53; <i>n</i> = 16492) ¹¹⁹	CV death, MI, stroke 1.00 (0.89–1.12)	HF hospital 1.27 (1.07–1.51)
	Sitagliptin (TECOS; <i>n</i> = 14671) ¹⁰⁵	CV death, MI, UA, stroke 0.98 (0.88–1.09)	HF hospital 1.00 (0.83–1.20)
SGLT2 inhibitors	Empagliflozin (EMPA-REG; <i>n</i> = 7020) ¹²⁶	CV death, MI, stroke 0.86 (0.74–0.99)	HF hospital 0.65 (0.50–0.85)
	Canagliflozin (CANVAS; <i>n</i> = 10142) ¹⁴⁴	CV death, MI, stroke 0.86 (0.75–0.97)	HF hospital 0.67 (0.52–0.87)

CV, cardiovascular; DDP-4, dipeptidyl peptidase-4; GLP-1, glucagon-like peptide-1; HF, heart failure; MI, myocardial infarction; SGLT2, sodium glucose co-transporter 2; UA, unstable angina.

empagliflozin and the unexpected action on HF hospitalizations suggest that the favourable effects of empagliflozin are mainly due to a reduction in HF-associated events. Although only 10% of patients in EMPA-REG had a history of HF at baseline, the beneficial effects on HF hospitalizations and CV death were consistent in patients with or without HF.¹⁴⁰ Since mortality and hospitalization rates in the placebo group of the EMPA-REG OUTCOME trial were comparable to the rates in trials on patients with HFpEF,¹⁴¹ it may be speculated that a higher fraction of patients than the 10% had undiagnosed HF, and in particular, HFpEF. However, it seems plausible that by its mode of action, empagliflozin may also provide benefit in HFrEF patients, although this view was recently challenged.¹⁴² Empagliflozin slowed the progression of kidney disease and related events, including incident albuminuria, and incident or worsening nephropathy.¹⁴³

Canagliflozin also reduced the primary endpoint of CV death, non-fatal myocardial infarction and nonfatal stroke in patients with T2DM at high CV risk vs. placebo in the CANVAS trial program, and—comparable to empagliflozin—also HF hospitalization.¹⁴⁴ However, it did not reduce all-cause mortality, but increased the risk for amputation and bone fracture. The EMPA-REG OUTCOME trial, however, did not confirm such findings.¹⁴⁵

Ongoing large studies evaluate the CV efficacy of dapagliflozin (DECLARE; expected to report 2018) and ertugliflozin (VERTIS CV; expected to report 2020) in patients with diabetes in a primary and secondary prevention setting. The effects on HF outcomes may be considered a class effect of SGLT2-inhibitors. Several new studies are underway, including two new trials with empagliflozin in HFrEF and HFpEF (EMPEROR-Reduced/Preserved) and one trial with dapagliflozin in HFrEF (DAPA-HF).¹⁴⁶ Those trials will provide evidence on whether SGLT2-inhibitors may improve outcome in HF patients with or without DM.

Main findings for SGLT2-inhibitors in T2DM and HF

- In EMPA-REG OUTCOME, empagliflozin reduced CV death and HF hospitalizations.
- The favourable effect of empagliflozin occurred in patients with and without HF history.
- Patients with renal impairment benefited from empagliflozin.
- In CANVAS, canagliflozin also reduced HF hospitalization, suggesting a class-effect.

Open issue	Gaps in evidence
Insulin resistance and the failing heart	Role of insulin resistance as an adaptive mechanism in heart failure
Beneficial metabolic effects of ketone bodies	Myocardial glucose uptake and energy production in the presence of increased circulating ketone levels Role of ketone metabolism in heart failure Clinical trials of the synthetic ketone ester Delta-G® in diabetic and non-diabetic patients with heart failure
Pleiotropic effects of metformin	Prospective evidence on ischaemia/reperfusion injury in non-diabetic patients Clinical effects of anti-inflammatory action
Detrimental effects of glitazones	Pathophysiology of glitazone-induced heart failure Differentiation between glitazone-induced heart failure and fluid retention Potential detrimental effects of insulin sensitization in the failing heart Evaluation of selective PPAR-gamma modulators to improve clinical efficacy and decrease side effects
Cardiovascular effects of incretin-based therapies	Effect of insulin increase in the failing heart Relevance of the GLP-1 receptor agonism in cardioprotection; signalling pathways of GLP-1 metabolite (9–36 amide) Cardiovascular outcomes of liraglutide and semaglutide in primary prevention setting (diabetic patients without cardiovascular disease) Cardiovascular outcomes of liraglutide and semaglutide in non-diabetic patients Effects of GLP-1 receptor agonists left ventricular diastolic function Effects of GLP-1 receptor agonists on vascular endpoints (central pressures, arterial stiffness, endothelial function) and ventriculo-arterial coupling
Cardioprotective effect of SGLT2 inhibitors	Effects of SGLT2 on myocardial substrate utilization, energy production and energy demand Cardiovascular outcomes of gliflozins in primary prevention setting (T2DM patients without cardiovascular disease) Cardiovascular outcomes of gliflozins in non-diabetic patients
Heart failure phenotype	Effects of antidiabetic agents specifically on HFrEF and HFpEF

GLP-1, glucagon-like peptide-1; HFpEF, heart failure with preserved ejection fraction; HFrEF, heart failure with reduced ejection fraction; PPAR, peroxisome proliferator-activated receptors; SGLT2, sodium glucose co-transporter 2.

Open questions for SGLT2-inhibitors in T2DM and HF

- What are the underlying mechanisms explaining the beneficial effect of SGLT2 inhibitors on HF hospitalization and CV mortality?
- Is the protective effect of SGLT2 inhibitors on HF restricted to patients with T2DM or does it also apply to non-diabetic HF patients?
- Which subgroup of T2DM patients has the greatest benefit from SGLT2-inhibitors?
- Is the benefit maintained in T2DM patients without CV comorbidities or high CV risk?

Open issues and perspectives for future research

Knowledge on the CV safety of anti-diabetic drugs and in particular, their potential benefits for patients with HF is increasing (Table 1). The treatment of patients with HF and T2DM still remains challenging as many issues regarding the properties of anti-diabetic drugs in HF remain unresolved (Table 2). However, the recent benefits with GLP-1 receptor agonists and SGLT2-inhibitors re-spurred enthusiasm.

Defining whether the favourable effects of specific anti-diabetic agents are preserved in patients with HF in the absence of T2DM is the next logical step towards the concept of drug repurposing (Figure 5). In this context, SGLT2-inhibitor trials designed to prove their efficiency rather than safety in patients with HF with or without T2DM are currently underway.

Understanding the pathophysiology of CV alterations in HF and T2DM is important. Key open questions include the relevance of insulin resistance in the failing heart (adaptive vs. maladaptive),⁴⁷ the impact of substrate switch in response to SGLT2-inhibition, the role of SGLT2-inhibitors on cardiac Na⁺ metabolism and many others. Selection of proper preclinical models that reflect a specific HF phenotype is crucial as experimental results obtained by different models may not be comparable.

The CV effects of several anti-diabetic agents are not fully resolved. As patient populations recruited in large clinical trials are quite heterogeneous, this may prevent the detection of potential benefits. Identifying subpopulations of responding patients may be useful in guiding the design of future clinical trials.¹⁴⁷

An important and yet under-investigated issue is the differential efficacy of anti-diabetic drugs in men and women. In two meta-analyses, diabetes was associated with a less favourable CV risk profile and a higher risk of death from CAD in females compared with males,^{148,149} while women also display a reduced response to low-dose aspirin.^{150,151} Emerging evidence suggests that treatment with

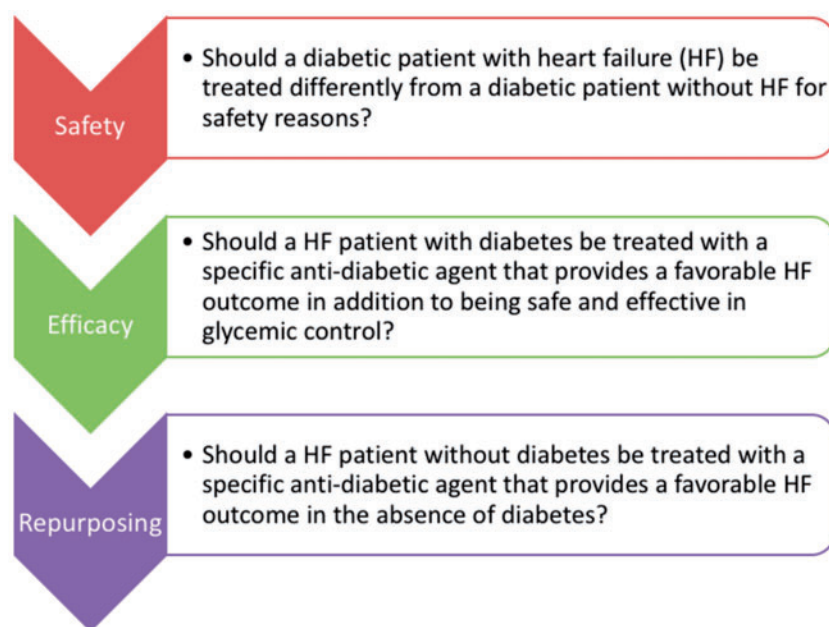


Figure 5 Basic concepts concerning the use of anti-diabetic drugs in patients with heart failure.

glitazones may lower bone density, increasing the risk of fractures in diabetic women.

Therapy of T2DM often involves combination of anti-diabetic agents, but the additive or synergistic effects of combined drugs in HF remains to be investigated. For instance, metformin alone or in combination with sulfonylurea reduced CV morbidity and mortality compared with sulfonylurea monotherapy in T2DM with HF in a retrospective study,¹⁵² but this was not confirmed in a systemic review of observational studies.⁶⁷

Finally, the selection of endpoints remains a crucial issue that was lately debated. ‘Hard’ endpoints, required for regulatory reasons, are suitable for large safety trials of anti-diabetic agents in broad CV populations, but impose large sample sizes and huge expenditures. Clinically relevant ‘soft’ or surrogate (patient-oriented) endpoints require smaller samples and considerably less costs and may be used in focused efficacy trials in selected subpopulations.

Acknowledgements

The authors would like to thank Dr Richard Carr and Dr Hans-Juergen Woerle for their contribution to this manuscript.

Funding

C.M. is supported by the Deutsche Forschungsgemeinschaft (DFG; SFB 894, TRR-219, and Ma 2528/7-1), the German Federal Ministry of Education and Science (BMBF; 01EO1504) and the Corona foundation. J.B. is supported by the DFG (SFB 1118) and the DZHK (German Centre for Cardiovascular Research) and by the BMBF. M.L. is supported by the DFG (SFB TRR 219M-03). R.B. is supported by the Netherlands Heart Foundation (CVON DOSIS 2014-40, CVON SHE-PREDICTS-HF 2017-21, and CVON RED-CVD 2017-

11); and the Innovational Research Incentives Scheme program of the Netherlands Organization for Scientific Research (NWO VIDI, grant 917.13.350). N.M. is supported by the DFG (SFB TRR 219M-03, M-05). H.T. is supported by grants from the National Institutes of Health of the US Public Health Service (HL-RO1 061483 and HL-RO1 073162). A.B.G. was supported by grants from the Ministerio de Educación y Ciencia (SAF2014-59892; SAF2017-84324), Fundació La MARATÓ de TV3 (201502, 201516), CIBER Cardiovascular (CB16/11/00403), and AdvanceCat 2014-2020. H.B. is supported by the DFG (Bu2126/3-1). A.D.C. was supported by ‘FIL’ funds for research from University of Parma. A.G. was supported by grants from the European Union Commission’s FP7 programme (HOMAGE and FIBROTARGETS) and ERA-CVD Joint Transnational Call 2016 LYMIT-DIS. G.R. acknowledges recent funding from The Cunningham Trust, MRC (MR/K012924/1) and the Diabetes UK RW and JM Collins studentship. S.H. received funding from the European Union Commission’s Seventh Framework programme (2007-2013) under grant agreement N° 305507 (HOMAGE), N° 602904 (FIBROTARGETS) and N° 602156 (HECATOS). S.H. acknowledges the support from the Netherlands Cardiovascular Research Initiative: an initiative with support of the Dutch Heart Foundation, CVON-ARENA-PRIME, CVON-EARLY HFPEF, and SHE-PREDICTS. This research is co-financed as a PPP-allowance Research and Innovation by the Ministry of Economic Affairs within Top Sector Life sciences & Health.

Conflict of interest: C.M. serves as an advisor to Servier and received speaker honoraria from Servier, Boehringer Ingelheim, Bayer, Bristol Myers Squibb, Pfizer, Daiichi Sankyo, Novartis and Berlin Chemie. M.L. serves as an advisor to MSD, Boehringer Ingelheim, Novo Nordisk, Amgen and received speaker honoraria

from MSD, Boehringer Ingelheim, Novo Nordisk, Amgen, Sanofi, Bayer, Lilly, AstraZeneca. J.B. serves as an advisor to and received speaker honoraria from Bayer, Servier, Novartis, Boehringer Ingelheim, Bristol Myers Squibb, Pfizer, Daiichi Sankyo; he also received research support from Bayer. N.M. has served as a speaker for Amgen, Bayer, Boehringer Ingelheim, Sanofi-Aventis, MSD, BMS, AstraZeneca, Lilly, NovoNordisk; Bayer; as an advisor to Amgen, Bayer, Boehringer Ingelheim, Sanofi-Aventis, MSD, BMS, AstraZeneca, NovoNordisk, but declines all personal compensation from pharma or device companies. P.R. reports personal fees (consulting) from Novartis, Relypsa, AstraZeneca, Grünenthal, Stealth Peptides, Fresenius, Vifor Fresenius Medical Care Renal Pharma, Vifor and CTMA; lecture fees from Bayer and CVRx; cofounder of CardioRenal. K.C. is a director of TAS Ltd, a company spun out of the University of Oxford to develop and commercialize products based on the science of ketone bodies in human nutrition. ADC received speaker honoraria from Boehringer Ingelheim, Eli Lilly, Novo Nordisk, DOC generic, MSD, AstraZeneca, Sanofi. A.R.L. serves as an advisor to Novartis, Servier, Stealth Peptides and Bristol Myers Squibb and received speaker honoraria from Novartis, Servier, Boehringer Ingelheim, AMGEN and Pfizer. MH has received speaker honoraria, advisory board fees and/or travel grants from Novartis, Roche Diagnostics, Pfizer, Vifor Pharma, Merck, Servier and BRAHMS. C.W. received honoraria of steering committee meetings and lecturing from Boehringer-Ingelheim and Genzyme-Sanofi. D.F. has received speaker honoraria, advisory board fees and/or travel grants from Novartis, Servier, Boehringer Ingelheim, Pfizer, Daiichi-Sankyo and Menarini. RB: the UMCG, which employs RB has received research grants and/or fees from AstraZeneca, Bristol-Myers Squibb, Novartis, Roche, Trevena and ThermoFisher GmbH; RB is a minority shareholder of scPharmaceuticals, Inc. and received personal fees from Novartis and Servier. All other authors declared no conflict of interest.

References

- Farmakis D, Stafylas P, Giamouzis G, Maniadakis N, Parissis J. The medical and socioeconomic burden of heart failure: a comparative delineation with cancer. *Int J Cardiol* 2016;**203**:279–281.
- Becher PM, Fluschnik N, Blankenberg S, Westermann D. Challenging aspects of treatment strategies in heart failure with preserved ejection fraction: "Why did recent clinical trials fail?". *World J Cardiol* 2015;**7**:544.
- Voors AA, van Veldhuisen DJ. Why do drugs for acute heart failure fail? *Eur J Heart Fail* 2012;**14**:955–956.
- Lombardi C, Spigoni V, Gorga E, Dei Cas A. Novel insight into the dangerous connection between diabetes and heart failure. *Herz* 2016;**41**:201–207.
- Paulus WJ, Tschope C. A novel paradigm for heart failure with preserved ejection fraction: comorbidities drive myocardial dysfunction and remodeling through coronary microvascular endothelial inflammation. *J Am Coll Cardiol* 2013;**62**:263–271.
- Mentz RJ, Kelly JP, von Lueder TG, Voors AA, Lam CS, Cowie MR, Kjeldsen S, Jankowska EA, Atar D, Butler J, Fuzat M, Zannad F, Pitt B, O'Connor CM. Noncardiac comorbidities in heart failure with reduced versus preserved ejection fraction. *J Am Coll Cardiol* 2014;**64**:2281–2293.
- Bertoni AG, Hundley WG, Massing MW, Bonds DE, Burke GL, Goff DC Jr. Heart failure prevalence, incidence, and mortality in the elderly with diabetes. *Diabetes Care* 2004;**27**:699–703.
- Ambrosy AP, Fonarow GC, Butler J, Chioncel O, Greene SJ, Vaduganathan M, Nodari S, Lam CS, Sato N, Shah AN, Gheorghiade M. The global health and economic burden of hospitalizations for heart failure: lessons learned from hospitalized heart failure registries. *J Am Coll Cardiol* 2014;**63**:1123–1133.
- Greenberg BH, Abraham WT, Albert NM, Chiswell K, Clare R, Stough WG, Gheorghiade M, O'Connor CM, Sun JL, Yancy CW, Young JB, Fonarow GC. Influence of diabetes on characteristics and outcomes in patients hospitalized with heart failure: a report from the Organized Program to Initiate Lifesaving Treatment in Hospitalized Patients with Heart Failure (OPTIMIZE-HF). *Am Heart J* 2007;**154**:277 e1–278.
- Sarma S, Mentz RJ, Kwasny MJ, Fought AJ, Huffman M, Subacius H, Nodari S, Konstam M, Swedberg K, Maggioni AP, Zannad F, Bonow RO, Gheorghiade M; EVEREST investigators. Association between diabetes mellitus and post-discharge outcomes in patients hospitalized with heart failure: findings from the EVEREST trial. *Eur J Heart Fail* 2013;**15**:194–202.
- Kristensen SL, Mogensen UM, Jhund PS, Petrie MC, Preiss D, Win S, Kober L, McKelvie RS, Zile MR, Anand IS, Komajda M, Gottdiener JS, Carson PE, McMurray JJ. Clinical and echocardiographic characteristics and cardiovascular outcomes according to diabetes status in patients with heart failure and preserved ejection fraction: a report from the I-Preserve Trial (Irbesartan in Heart Failure With Preserved Ejection Fraction). *Circulation* 2017;**135**:724–735.
- Nichols GA, Gullion CM, Koro CE, Ephross SA, Brown JB. The incidence of congestive heart failure in type 2 diabetes: an update. *Diabetes Care* 2004;**27**:1879–1884.
- Thrainsdottir IS, Aspelund T, Thorgerirsson G, Gudnason V, Hardarson T, Malmberg K, Sigurdsson G, Ryden L. The association between glucose abnormalities and heart failure in the population-based Reykjavik study. *Diabetes Care* 2005;**28**:612–616.
- Dei Cas A, Fonarow GC, Gheorghiade M, Butler J. Concomitant diabetes mellitus and heart failure. *Curr Probl Cardiol* 2015;**40**:7–43.
- Seferovic PM, Paulus WJ. Clinical diabetic cardiomyopathy: a two-faced disease with restrictive and dilated phenotypes. *Eur Heart J* 2015;**36**:1718–1727, 1718–1727c.
- van Heerebeek L, Hamdani N, Handoko ML, Falcao-Pires I, Musters RJ, Kupreishvili K, Ijsselmuiden AJ, Schalkwijk CG, Bronzwaer JG, Diamant M, Borbely A, van der Velden J, Stienen GJ, Laarman GJ, Niessen HW, Paulus WJ. Diastolic stiffness of the failing diabetic heart: importance of fibrosis, advanced glycation end products, and myocyte resting tension. *Circulation* 2008;**117**:43–51.
- Falcao-Pires I, Hamdani N, Borbely A, Gavina C, Schalkwijk CG, van der Velden J, van Heerebeek L, Stienen GJ, Niessen HW, Leite-Moreira AF, Paulus WJ. Diabetes mellitus worsens diastolic left ventricular dysfunction in aortic stenosis through altered myocardial structure and cardiomyocyte stiffness. *Circulation* 2011;**124**:1151–1159.
- Holzmann M, Olsson A, Johansson J, Jensen-Urstad M. Left ventricular diastolic function is related to glucose in a middle-aged population. *J Intern Med* 2002;**251**:415–420.
- De Keulenaer GW, Brutsaert DL. Systolic and diastolic heart failure are overlapping phenotypes within the heart failure spectrum. *Circulation* 2011;**123**:1996–2004; discussion 2005.
- Russo I, Frangogiannis NG. Diabetes-associated cardiac fibrosis: cellular effectors, molecular mechanisms and therapeutic opportunities. *J Mol Cell Cardiol* 2016;**90**:84–93.
- Lambert R, Srodulski S, Peng X, Margulies KB, Despa F, Despa S. Intracellular Na⁺ concentration ([Na⁺]_i) is elevated in diabetic hearts due to enhanced Na⁺-glucose cotransport. *J Am Heart Assoc* 2015;**4**:e002183.
- Pereira L, Ruiz-Hurtado G, Rueda A, Mercadier J-J, Benitah J-P, Gómez AM. Calcium signaling in diabetic cardiomyocytes. *Cell Calcium* 2014;**56**:372–380.
- Bertero E, Maack C. Calcium signaling and reactive oxygen species in mitochondria. *Circ Res* 2018;**122**:1460–1478.
- Bertero E, Roma L, Ameri P, Maack C. Cardiac effects of SGLT2 inhibitors: the sodium hypothesis. *Cardiovasc Res* 2018;**114**:12–18.
- Gadde KM, Martin CK, Berthoud HR, Heymsfield SB. Obesity: pathophysiology and management. *J Am Coll Cardiol* 2018;**71**:69–84.
- Bertero E, Maack C. Metabolic remodeling in heart failure. *Nat Rev Cardiol* 2018; doi:10.1038/s41569-018-0044-6.
- Randle PJ, Garland PB, Hales CN, Newsholme EA. The glucose fatty-acid cycle. Its role in insulin sensitivity and the metabolic disturbances of diabetes mellitus. *Lancet* 1963;**1**:785–789.
- Bugger H, Abel ED. Molecular mechanisms of diabetic cardiomyopathy. *Diabetologia* 2014;**57**:660–671.
- Young ME, Patil S, Ying J, Depre C, Ahuja HS, Shipley GL, Stepkowski SM, Davies PJ, Taegtmeier H. Uncoupling protein 3 transcription is regulated by peroxisome proliferator-activated receptor (alpha) in the adult rodent heart. *FASEB J* 2001;**15**:833–845.
- Cadenas S. Mitochondrial uncoupling, ROS generation and cardioprotection. *Biochim Biophys Acta* 2018;**1859**:940–950.
- Murray AJ, Anderson RE, Watson GC, Radda GK, Clarke K. Uncoupling proteins in human heart. *Lancet* 2004;**364**:1786–1788.
- Hammer S, van der Meer RW, Lamb HJ, Schar M, de Roos A, Smit JW, Romijn JA. Progressive caloric restriction induces dose-dependent changes in myocardial triglyceride content and diastolic function in healthy men. *J Clin Endocrinol Metab* 2008;**93**:497–503.

33. Leichman JG, Aguilar D, King TM, Vlada A, Reyes M, Taegtmeier H. Association of plasma free fatty acids and left ventricular diastolic function in patients with clinically severe obesity. *Am J Clin Nutr* 2006;**84**:336–341.
34. Hammer S, Snel M, Lamb HJ, Jazet IM, van der Meer RW, Pijl H, Meinders EA, Romijn JA, de Roos A, Smit JW. Prolonged caloric restriction in obese patients with type 2 diabetes mellitus decreases myocardial triglyceride content and improves myocardial function. *J Am Coll Cardiol* 2008;**52**:1006–1012.
35. Lee L, Campbell R, Scheuermann-Freestone M, Taylor R, Gunarawan P, Williams L, Ashrafian H, Horowitz J, Fraser AG, Clarke K, Frenneaux M. Metabolic modulation with perhexiline in chronic heart failure: a randomized, controlled trial of short-term use of a novel treatment. *Circulation* 2005;**112**:3280–3288.
36. Zhang L, Lu Y, Jiang H, Zhang L, Sun A, Zou Y, Ge J. Additional use of trimetazidine in patients with chronic heart failure: a meta-analysis. *J Am Coll Cardiol* 2012;**59**:913–922.
37. Cox PJ, Kirk T, Ashmore T, Willerton K, Evans R, Smith A, Murray AJ, Stubbs B, West J, McLure SW, King MT, Dodd MS, Holloway C, Neubauer S, Drawer S, Veech RL, Griffin JL, Clarke K. Nutritional ketosis alters fuel preference and thereby endurance performance in athletes. *Cell Metab* 2016;**24**:256–268.
38. Owen O. Ketone bodies as a fuel for the brain during starvation. *Biochem Mol Biol Educ* 2005;**33**:246–251.
39. Aubert G, Martin OJ, Horton JL, Lai L, Vega RB, Leone TC, Koves T, Gardell SJ, Kruger M, Hoppel CL, Lewandowski ED, Crawford PA, Muoio DM, Kelly DP. The failing heart relies on ketone bodies as a fuel. *Circulation* 2016;**133**:698–705.
40. Bedi KC Jr, Snyder NW, Brandimarto J, Aziz M, Mesaros C, Worth AJ, Wang LL, Javaheri A, Blair IA, Margulies KB, Rame JE. Evidence for intramyocardial disruption of lipid metabolism and increased myocardial ketone utilization in advanced human heart failure. *Circulation* 2016;**133**:706–716.
41. Razeghi P, Young ME, Alcorn JL, Moravec CS, Frazier OH, Taegtmeier H. Metabolic gene expression in fetal and failing human heart. *Circulation* 2001;**104**:2923–2931.
42. Taegtmeier H. Failing heart and starving brain: ketone bodies to the rescue. *Circulation* 2016;**134**:265–266.
43. Clarke K, Tchabanenko K, Pawlosky R, Carter E, Todd King M, Musa-Veloso K, Ho M, Roberts A, Robertson J, Vanitallie TB, Veech RL. Kinetics, safety and tolerability of (R)-3-hydroxybutyl (R)-3-hydroxybutyrate in healthy adult subjects. *Regul Toxicol Pharmacol* 2012;**63**:401–408.
44. Murray AJ, Knight NS, Cole MA, Cochlin LE, Carter E, Tchabanenko K, Pichulik T, Gulston MK, Atherton HJ, Schroeder MA, Deacon RM, Kashiwaya Y, King MT, Pawlosky R, Rawlins JN, Tyler DJ, Griffin JL, Robertson J, Veech RL, Clarke K. Novel ketone diet enhances physical and cognitive performance. *FASEB J* 2016;**30**:4021–4032.
45. Taegtmeier H, McNulty P, Young ME. Adaptation and maladaptation of the heart in diabetes: part I: general concepts. *Circulation* 2002;**105**:1727–1733.
46. Khalaf KI, Taegtmeier H. After avandia: the use of antidiabetic drugs in patients with heart failure. *Tex Heart Inst J* 2012;**39**:174–178.
47. Taegtmeier H, Beauloye C, Harmancey R, Hue L. Insulin resistance protects the heart from fuel overload in dysregulated metabolic states. *Am J Physiol Heart Circ Physiol* 2013;**305**:H1693–H1697.
48. Aguilar D, Bozkurt B, Ramasubbu K, Deswal A. Relationship of hemoglobin A1C and mortality in heart failure patients with diabetes. *J Am Coll Cardiol* 2009;**54**:422–428.
49. Lincoff AM, Wolski K, Nicholls SJ, Nissen SE. Pioglitazone and risk of cardiovascular events in patients with type 2 diabetes mellitus: a meta-analysis of randomized trials. *JAMA* 2007;**298**:1180–1188.
50. Nissen SE, Wolski K. Effect of rosiglitazone on the risk of myocardial infarction and death from cardiovascular causes. *N Engl J Med* 2007;**356**:2457–2471.
51. Nissen SE, Wolski K. Rosiglitazone revisited: an updated meta-analysis of risk for myocardial infarction and cardiovascular mortality. *Arch Intern Med* 2010;**170**:1191–1201.
52. Lim SL, Lam CS, Segers VF, Brutsaert DL, De Keulenaer GW. Cardiac endothelium-myocyte interaction: clinical opportunities for new heart failure therapies regardless of ejection fraction. *Eur Heart J* 2015;**36**:2050–2060.
53. Eriksson L, Nystrom T. Antidiabetic agents and endothelial dysfunction—beyond glucose control. *Basic Clin Pharmacol Toxicol* 2015;**117**:15–25.
54. Rena G, Pearson ER, Sakamoto K. Molecular mechanism of action of metformin: old or new insights? *Diabetologia* 2013;**56**:1898–1906.
55. Owen MR, Doran E, Halestrap AP. Evidence that metformin exerts its antidiabetic effects through inhibition of complex 1 of the mitochondrial respiratory chain. *Biochem J* 2000;**348**:607–614.
56. El Messaoudi S, Rongen GA, de Boer RA, Riksen NP. The cardioprotective effects of metformin. *Curr Opin Lipidol* 2011;**22**:445–453.
57. Calvert JW, Gundewar S, Jha S, Greer JJ, Bestermann WH, Tian R, Lefer DJ. Acute metformin therapy confers cardioprotection against myocardial infarction via AMPK-eNOS-mediated signaling. *Diabetes* 2008;**57**:696–705.
58. Sasaki H, Asanuma H, Fujita M, Takahama H, Wakeno M, Ito S, Ogai A, Asakura M, Kim J, Minamino T, Takashima S, Sanada S, Sugimachi M, Komamura K, Mochizuki N, Kitakaze M. Metformin prevents progression of heart failure in dogs: role of AMP-activated protein kinase. *Circulation* 2009;**119**:2568–2577.
59. Cameron AR, Morrison VL, Levin D, Mohan M, Forteach C, Beall C, McNeilly AD, Balfour DJ, Savinko T, Wong AK, Viollet B, Sakamoto K, Fagerholm SC, Foretz M, Lang CC, Rena G. Anti-inflammatory effects of metformin irrespective of diabetes status. *Circ Res* 2016;**119**:652–665.
60. Yin M, van der Horst ICC, van Melle JP, Qian C, van Gilst WH, Sillje HHW, de Boer RA. Metformin improves cardiac function in a nondiabetic rat model of post-MI heart failure. *Am J Physiol Heart Circ Physiol* 2011;**301**:H459–H468.
61. UK Prospective Diabetes Study (UKPDS) Group. Effect of intensive blood-glucose control with metformin on complications in overweight patients with type 2 diabetes (UKPDS 34). *Lancet* 1998;**352**:854–865.
62. Evans JM, Ogston SA, Emslie-Smith A, Morris AD. Risk of mortality and adverse cardiovascular outcomes in type 2 diabetes: a comparison of patients treated with sulfonylureas and metformin. *Diabetologia* 2006;**49**:930–936.
63. Lamanna C, Monami M, Marchionni N, Mannucci E. Effect of metformin on cardiovascular events and mortality: a meta-analysis of randomized clinical trials. *Diabetes Obes Metab* 2011;**13**:221–228.
64. Aguilar D, Chan W, Bozkurt B, Ramasubbu K, Deswal A. Metformin use and mortality in ambulatory patients with diabetes and heart failure. *Circ Heart Fail* 2011;**4**:53–58.
65. Crowley MJ, Diamantidis CJ, McDuffie JR, Cameron CB, Stanifer JW, Mock CK, Wang X, Tang S, Nagi A, Kosinski AS, Williams JW Jr. Clinical outcomes of metformin use in populations with chronic kidney disease, congestive heart failure, or chronic liver disease: a systematic review. *Ann Intern Med* 2017;**166**:191–200.
66. Eurich DT, McAlister FA, Blackburn DF, Majumdar SR, Tsuyuki RT, Varney J, Johnson JA. Benefits and harms of antidiabetic agents in patients with diabetes and heart failure: systematic review. *BMJ* 2007;**335**:497.
67. Eurich DT, Weir DL, Majumdar SR, Tsuyuki RT, Johnson JA, Tjosvold L, Vanderloo SE, McAlister FA. Comparative safety and effectiveness of metformin in patients with diabetes mellitus and heart failure: systematic review of observational studies involving 34,000 patients. *Circ Heart Fail* 2013;**6**:395–402.
68. MacDonald MR, Eurich DT, Majumdar SR, Lewsey JD, Bhagra S, Jhund PS, Petrie MC, McMurray JJ, Petrie JR, McAlister FA. Treatment of type 2 diabetes and outcomes in patients with heart failure: a nested case-control study from the UK. General Practice Research Database. *Diabetes Care* 2010;**33**:1213–1218.
69. Shah DD, Fonarow GC, Horwich TB. Metformin therapy and outcomes in patients with advanced systolic heart failure and diabetes. *J Card Fail* 2010;**16**:200–206.
70. Ponikowski P, Voors AA, Anker SD, Bueno H, Cleland JG, Coats AJ, Falk V, Gonzalez-Juanatey JR, Harjola VP, Jankowska EA, Jessup M, Linde C, Nihoyannopoulos P, Parissis JT, Pieske B, Riley JP, Rosano GM, Riolupe LM, Ruschitzka F, Rutten FH, van der Meer P; ESC Scientific Document Group. 2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure: the task force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC) Developed with the special contribution of the Heart Failure Association (HFA) of the ESC. *Eur J Heart Fail* 2016;**18**:891–975.
71. Lexis CP, Wieringa WG, Hiemstra B, van Deursen VM, Lipsic E, van der Harst P, van Veldhuisen DJ, van der Horst IC. Chronic metformin treatment is associated with reduced myocardial infarct size in diabetic patients with ST-segment elevation myocardial infarction. *Cardiovasc Drugs Ther* 2014;**28**:163–171.
72. Al Ali L, Hartman MT, Lexis CP, Hummel YM, Lipsic E, van Melle JP, van Veldhuisen DJ, Voors AA, van der Horst IC, van der Harst P. The effect of metformin on diastolic function in patients presenting with ST-elevation myocardial infarction. *PLoS One* 2016;**11**:e0168340.
73. Basnet S, Kozikowski A, Makaryus AN, Pekmezaris R, Zeltser R, Akerman M, Lesser M, Wolf-Klein G. Metformin and myocardial injury in patients with diabetes and ST-segment elevation myocardial infarction: a propensity score matched analysis. *J Am Heart Assoc* 2015;**4**:e002314.
74. Lexis CP, van der Horst IC, Lipsic E, Wieringa WG, de Boer RA, van den Heuvel AF, van der Werf HW, Schurer RA, Pundziute G, Tan ES, Nieuwland W, Willemsen HM, Dorhout B, Molmans BH, van der Horst-Schrivers AN, Wolfenbutter BH, ter Horst GJ, van Rossum AC, Tijssen JG, Hillege HL, de Smet BJ, van der Harst P, van Veldhuisen DJ; Investigators G-I. Effect of metformin on left ventricular function after acute myocardial infarction in patients without diabetes: the GIPS-III randomized clinical trial. *JAMA* 2014;**311**:1526–1535.
75. El Messaoudi S, Nederlof R, Zuurbier CJ, van Swieten HA, Pickkers P, Noyez L, Dieker HJ, Coenen MJ, Donders AR, Vos A, Rongen GA, Riksen NP. Effect of metformin pretreatment on myocardial injury during coronary artery bypass surgery in patients without diabetes (MetCAB): a double-blind, randomised controlled trial. *Lancet Diabetes Endocrinol* 2015;**3**:615–623.

76. Ridker PM, Everett BM, Thuren T, MacFadyen JG, Chang WH, Ballantyne C, Fonseca F, Nicolau J, Koenig W, Anker SD, Kastelein JJP, Cornel JH, Pais P, Pella D, Genest J, Cifkova R, Lorenzatti A, Forster T, Kobalava Z, Vida-Simiti L, Flather M, Shimokawa H, Ogawa H, Dellborg M, Rossi PRF, Troquay RPT, Libby P, Glynn RJ, Group CT. Antiinflammatory therapy with canakinumab for atherosclerotic disease. *N Engl J Med* 2017;**377**:1119–1131.
77. Odegaard JI, Ricardo-Gonzalez RR, Goforth MH, Morel CR, Subramanian V, Mukundan L, Red Eagle A, Vats D, Brombacher F, Ferrante AW, Chawla A. Macrophage-specific PPARgamma controls alternative activation and improves insulin resistance. *Nature* 2007;**447**:1116–1120.
78. Sharma AM, Staels B. Review: peroxisome proliferator-activated receptor gamma and adipose tissue—understanding obesity-related changes in regulation of lipid and glucose metabolism. *J Clin Endocrinol Metab* 2007;**92**:386–395.
79. Goltsman I, Khoury EE, Winaver J, Abassi Z. Does Thiazolidinedione therapy exacerbate fluid retention in congestive heart failure? *Pharmacol Ther* 2016;**168**:75–97.
80. Derosa G, Cicero AF, Gaddi A, Ragonesi PD, Piccinni MN, Fogari E, Salvadeo S, Ciccarelli L, Fogari R. A comparison of the effects of pioglitazone and rosiglitazone combined with glimepiride on prothrombotic state in type 2 diabetic patients with the metabolic syndrome. *Diabetes Res Clin Pract* 2005;**69**:5–13.
81. Panchapakesan U, Sumual S, Pollock CA, Chen X. PPARgamma agonists exert antifibrotic effects in renal tubular cells exposed to high glucose. *Am J Physiol Renal Physiol* 2005;**289**:F1153–F1158.
82. van der Meer RW, Rijzewijk LJ, de Jong HW, Lamb HJ, Lubberink M, Romijn JA, Bax JJ, de Roos A, Kamp O, Paulus WJ, Heine RJ, Lammertsma AA, Smit JW, Diamant M. Pioglitazone improves cardiac function and alters myocardial substrate metabolism without affecting cardiac triglyceride accumulation and high-energy phosphate metabolism in patients with well-controlled type 2 diabetes mellitus. *Circulation* 2009;**119**:2069–2077.
83. Zhang Z, Zhang X, Korantzopoulos P, Letsas KP, Tse G, Gong M, Meng L, Li G, Liu T. Thiazolidinedione use and atrial fibrillation in diabetic patients: a meta-analysis. *BMC Cardiovasc Disord* 2017;**17**:96.
84. Dormandy JA, Charbonnel B, Eckland DJ, Erdmann E, Massi-Benedetti M, Moules IK, Skene AM, Tan MH, Lefebvre PJ, Murray GD, Standl E, Wilcox RG, Wilhelmsen L, Betteridge J, Birkeland K, Golay A, Heine RJ, Koranyi L, Laakso M, Mokan M, Norkus A, Pirags V, Podar T, Scheen A, Scherbaum W, Scherthaner G, Schmitz O, Skrha J, Smith U, Taton J; PROactive Investigators. Secondary prevention of macrovascular events in patients with type 2 diabetes in the PROactive Study (PROspective pioglitAzone Clinical Trial In macroVascular Events): a randomised controlled trial. *Lancet* 2005;**366**:1279–1289.
85. Singh S, Loke YK, Furberg CD. Long-term risk of cardiovascular events with rosiglitazone: a meta-analysis. *JAMA* 2007;**298**:1189–1195.
86. Komajda M, McMurray JJ, Beck-Nielsen H, Gomis R, Hanefeld M, Pocock SJ, Curtis PS, Jones NP, Home PD. Heart failure events with rosiglitazone in type 2 diabetes: data from the RECORD clinical trial. *Eur Heart J* 2010;**31**:824–831.
87. Hernandez AV, Usmani A, Rajamanickam A, Moheet A. Thiazolidinediones and risk of heart failure in patients with or at high risk of type 2 diabetes mellitus: a meta-analysis and meta-regression analysis of placebo-controlled randomized clinical trials. *Am J Cardiovasc Drugs* 2011;**11**:115–128.
88. Home PD, Pocock SJ, Beck-Nielsen H, Curtis PS, Gomis R, Hanefeld M, Jones NP, Komajda M, McMurray JJ, Team RS. Rosiglitazone evaluated for cardiovascular outcomes in oral agent combination therapy for type 2 diabetes (RECORD): a multicentre, randomised, open-label trial. *Lancet* 2009;**373**:2125–2135.
89. Erdmann E, Charbonnel B, Wilcox RG, Skene AM, Massi-Benedetti M, Yates J, Tan M, Spanheimer R, Standl E, Dormandy JA; PROactive Investigators. Pioglitazone use and heart failure in patients with type 2 diabetes and preexisting cardiovascular disease: data from the PROactive study (PROactive 08). *Diabetes Care* 2007;**30**:2773–2778.
90. Benbow A, Stewart M, Yeoman G. Thiazolidinediones for type 2 diabetes. All glitazones may exacerbate heart failure. *BMJ* 2001;**322**:236.
91. Tang WH, Francis GS, Hoogwerf BJ, Young JB. Fluid retention after initiation of thiazolidinedione therapy in diabetic patients with established chronic heart failure. *J Am Coll Cardiol* 2003;**41**:1394–1398.
92. Kahles F, Meyer C, Mollmann J, Diebold S, Findeisen HM, Leberer C, Trautwein C, Koch A, Tacke F, Marx N, Lehrke M. GLP-1 secretion is increased by inflammatory stimuli in an IL-6-dependent manner, leading to hyperinsulinemia and blood glucose lowering. *Diabetes* 2014;**63**:3221–3229.
93. Cummings DE, Overduin J. Gastrointestinal regulation of food intake. *J Clin Invest* 2007;**117**:13–23.
94. Gallwitz B, Rosenstock J, Rauch T, Bhattacharya S, Patel S, von Eynatten M, Dugi KA, Woerle HJ. 2-Year efficacy and safety of linagliptin compared with glimepiride in patients with type 2 diabetes inadequately controlled on metformin: a randomised, double-blind, non-inferiority trial. *Lancet* 2012;**380**:475–483.
95. Marso SP, Bain SC, Consoli A, Eliaschewitz FG, Jodar E, Leiter LA, Lingvay I, Rosenstock J, Seufert J, Warren ML, Woo V, Hansen O, Holst AG, Pettersson J, Vilsboll T; SUSTAIN-6 Investigators. Semaglutide and cardiovascular outcomes in patients with type 2 diabetes. *N Engl J Med* 2016;**375**:1834–1844.
96. Marso SP, Daniels GH, Brown-Frandsen K, Kristensen P, Mann JF, Nauck MA, Nissen SE, Pocock S, Poulter NR, Ravn LS, Steinberg WM, Stockner M, Zinman B, Bergenstal RM, Buse JB, Committee LS; Investigators LT. Liraglutide and cardiovascular outcomes in type 2 diabetes. *N Engl J Med* 2016;**375**:311–322.
97. Timmers L, Henriques JP, de Kleijn DP, Devries JH, Kemperman H, Steendijk P, Verlaan CW, Kerver M, Piek JJ, Doeveendans PA, Pasterkamp G, Hoefer IE. Exenatide reduces infarct size and improves cardiac function in a porcine model of ischemia and reperfusion injury. *J Am Coll Cardiol* 2009;**53**:501–510.
98. Bose AK, Mocanu MM, Carr RD, Brand CL, Yellon DM. Glucagon-like peptide 1 can directly protect the heart against ischemia/reperfusion injury. *Diabetes* 2005;**54**:146–151.
99. Usheva JR, Baggio LL, Campbell JE, Mulvihill EE, Kim M, Kabir MG, Cao X, Baranek BM, Stoffers DA, Seeley RJ, Drucker DJ. Inactivation of the cardiomyocyte glucagon-like peptide-1 receptor (GLP-1R) unmasks cardiomyocyte-independent GLP-1R-mediated cardioprotection. *Mol Metab* 2014;**3**:507–517.
100. Lehrke M, Marx N. Cardiovascular effects of incretin-based therapies. *Rev Diabet Stud* 2011;**8**:382–391.
101. Kim M, Platt MJ, Shibasaki T, Quaggin SE, Backx PH, Seino S, Simpson JA, Drucker DJ. GLP-1 receptor activation and Epac2 link atrial natriuretic peptide secretion to control of blood pressure. *Nat Med* 2013;**19**:567–575.
102. Erdogan O, Nathanson D, Sjolholm A, Nystrom T, Zhang Q. Exendin-4 stimulates proliferation of human coronary artery endothelial cells through eNOS-, PKA- and PI3K/Akt-dependent pathways and requires GLP-1 receptor. *Mol Cell Endocrinol* 2010;**325**:26–35.
103. Holman RR, Bethel MA, Mentz RJ, Thompson VP, Lokhnygina Y, Buse JB, Chan JC, Choi J, Gustavson SM, Iqbal N, Maggioni AP, Marso SP, Ohman P, Pagidipati NJ, Poulter N, Ramachandran A, Zinman B, Hernandez AF, Group ES. Effects of once-weekly exenatide on cardiovascular outcomes in type 2 diabetes. *N Engl J Med* 2017;**377**:1228–1239.
104. Pfeffer MA, Claggett B, Diaz R, Dickstein K, Gerstein HC, Kober LV, Lawson FC, Ping L, Wei X, Lewis EF, Maggioni AP, McMurray JJ, Probstfield JL, Riddle MC, Solomon SD, Tardif JC; ELIXA Investigators. Lixisenatide in patients with type 2 diabetes and acute coronary syndrome. *N Engl J Med* 2015;**373**:2247–2257.
105. Green JB, Bethel MA, Armstrong PW, Buse JB, Engel SS, Garg J, Josse R, Kaufman KD, Koglin J, Korn S, Lachin JM, McGuire DK, Pencina MJ, Standl E, Stein PP, Suryawanshi S, Van de Werf F, Peterson ED, Holman RR, Group TS. Effect of sitagliptin on cardiovascular outcomes in type 2 diabetes. *N Engl J Med* 2015;**373**:232–242.
106. Jorsal A, Kistorp C, Holmager P, Tougaard RS, Nielsen R, Hanselmann A, Nilsson B, Moller JE, Hjort J, Rasmussen J, Boesgaard TW, Schou M, Videbaek L, Gustafsson I, Flyvbjerg A, Wiggers H, Tarnow L. Effect of liraglutide, a glucagon-like peptide-1 analogue, on left ventricular function in stable chronic heart failure patients with and without diabetes (LIVE)-a multicentre, double-blind, randomised, placebo-controlled trial. *Eur J Heart Fail* 2017;**19**:69–77.
107. Margulies KB, Hernandez AF, Redfield MM, Givertz MM, Oliveira GH, Cole R, Mann DL, Whellan DJ, Kiernan MS, Felker GM, McNulty SE, Anstrom KJ, Shah MR, Braunwald E, Cappola TP, Network NHFRC. Effects of liraglutide on clinical stability among patients with advanced heart failure and reduced ejection fraction: a randomized clinical trial. *JAMA* 2016;**316**:500–508.
108. McInnes G, Evans M, Del Prato S, Stumvoll M, Schweizer A, Lukashevich V, Shao Q, Kothny W. Cardiovascular and heart failure safety profile of vildagliptin: a meta-analysis of 17 000 patients. *Diabetes Obes Metab* 2015;**17**:1085–1092.
109. Williams R, de Vries F, Kothny W, Serban C, Lopez-Leon S, Chu C, Schlienger R. Cardiovascular safety of vildagliptin in patients with type 2 diabetes: a European multi-database, non-interventional post-authorization safety study. *Diabetes Obes Metab* 2017;**19**:1473–1478.
110. Seferovic JP, Claggett B, Seidelmann SB, Seely EW, Packer M, Zile MR, Rouleau JL, Swedberg K, Lefkowitz M, Shi VC, Desai AS, McMurray JJV, Solomon SD. Effect of sacubitril/valsartan versus enalapril on glycaemic control in patients with heart failure and diabetes: a post-hoc analysis from the PARADIGM-HF trial. *Lancet Diabetes Endocrinol* 2017;**5**:333–340.
111. Packer M. Augmentation of glucagon-like peptide-1 receptor signalling by neprilysin inhibition: potential implications for patients with heart failure. *Eur J Heart Fail* 2018;**20**:973–977.
112. Willard JR, Barrow BM, Zraika S. Improved glycaemia in high-fat-fed neprilysin-deficient mice is associated with reduced DPP-4 activity and increased active GLP-1 levels. *Diabetologia* 2017;**60**:701–708.

113. Chen J, Wang D, Wang F, Shi S, Chen Y, Yang B, Tang Y, Huang C. Exendin-4 inhibits structural remodeling and improves Ca^{2+} homeostasis in rats with heart failure via the GLP-1 receptor through the eNOS/cGMP/PKG pathway. *Peptides* 2017;**90**:69–77.
114. Hamdani N, Hervent AS, Vandekerckhove L, Matheeußen V, Demolder M, Baerts L, De Meester I, Linke WA, Paulus WJ, De Keulenaer GW. Left ventricular diastolic dysfunction and myocardial stiffness in diabetic mice is attenuated by inhibition of dipeptidyl peptidase 4. *Cardiovasc Res* 2014;**104**:423–431.
115. Yin M, Sillje HH, Meissner M, van Gilst WH, de Boer RA. Early and late effects of the DPP-4 inhibitor vildagliptin in a rat model of post-myocardial infarction heart failure. *Cardiovasc Diabetol* 2011;**10**:85.
116. Fiordaliso F, Maggioni S, Balconi G, Schiarea S, Corbelli A, De Luigi A, Figliuzzi M, Antoniou X, Chiabrando C, Masson S, Cervo L, Latini R. Effects of dipeptidyl peptidase-4 (DPP-4) inhibition on angiogenesis and hypoxic injury in type 2 diabetes. *Life Sci* 2016;**154**:87–95.
117. Monami M, Ahren B, Dicembrini I, Mannucci E. Dipeptidyl peptidase-4 inhibitors and cardiovascular risk: a meta-analysis of randomized clinical trials. *Diabetes Obes Metab* 2013;**15**:112–120.
118. White WB, Cannon CP, Heller SR, Nissen SE, Bergenstal RM, Bakris GL, Perez AT, Fleck PR, Mehta CR, Kupfer S, Wilson C, Cushman WC, Zannad F; EXAMINE Investigators. Alogliptin after acute coronary syndrome in patients with type 2 diabetes. *N Engl J Med* 2013;**369**:1327–1335.
119. Scirica BM, Bhatt DL, Braunwald E, Steg PG, Davidson J, Hirshberg B, Ohman P, Frederich R, Wiviott SD, Hoffman EB, Cavender MA, Udell JA, Desai NR, Mosenzon O, McGuire DK, Ray KK, Leiter LA, Raz I; SAVOR-TIMI 53 Steering Committee and Investigators. Saxagliptin and cardiovascular outcomes in patients with type 2 diabetes mellitus. *N Engl J Med* 2013;**369**:1317–1326.
120. Zannad F, Cannon CP, Cushman WC, Bakris GL, Menon V, Perez AT, Fleck PR, Mehta CR, Kupfer S, Wilson C, Lam H, White WB; EXAMINE Investigators. Heart failure and mortality outcomes in patients with type 2 diabetes taking alogliptin versus placebo in EXAMINE: a multicentre, randomised, double-blind trial. *Lancet* 2015;**385**:2067–2076.
121. Kongwattarapong J, Dilokthornsakul P, Nathisuwan S, Phrommintikul A, Chaiyakunapruk N. Effect of dipeptidyl peptidase-4 inhibitors on heart failure: a meta-analysis of randomized clinical trials. *Int J Cardiol* 2016;**211**:88–95.
122. Rubera I, Poujeol C, Bertin G, Hasseine L, Counillon L, Poujeol P, Tauc M. Specific Cre/Lox recombination in the mouse proximal tubule. *J Am Soc Nephrol* 2004;**15**:2050–2056.
123. Heerspink HJ, Perkins BA, Fitchett DH, Husain M, Cherney DZ. Sodium glucose cotransporter 2 inhibitors in the treatment of diabetes mellitus: cardiovascular and kidney effects, potential mechanisms, and clinical applications. *Circulation* 2016;**134**:752–772.
124. Ferrannini E, Muscelli E, Frascerra S, Baldi S, Mari A, Heise T, Broedl UC, Woerle HJ. Metabolic response to sodium-glucose cotransporter 2 inhibition in type 2 diabetic patients. *J Clin Invest* 2014;**124**:499–508.
125. Ferrannini E, Baldi S, Frascerra S, Astiarraga B, Barsotti E, Clerico A, Muscelli E. Renal handling of ketones in response to sodium-glucose cotransporter 2 inhibition in patients with type 2 diabetes. *Diabetes Care* 2017;**40**:771–776.
126. Zinman B, Wanner C, Lachin JM, Fitchett D, Bluhmki E, Hantel S, Mattheus M, Devins T, Johansen OE, Woerle HJ, Broedl UC, Inzucchi SE; EMPA-REG OUTCOME Investigators. Empagliflozin, cardiovascular outcomes, and mortality in type 2 diabetes. *N Engl J Med* 2015;**373**:2117–2128.
127. Joubert M, Jagu B, Montaigne D, Marechal X, Tesse A, Ayer A, Dollet L, Le May C, Toumaniantz G, Manrique G, Charpentier F, Staels B, Magre J, Cariou B, Prieur X. The sodium-glucose cotransporter 2 inhibitor dapagliflozin prevents cardiomyopathy in a diabetic lipodystrophic mouse model. *Diabetes* 2017;**66**:1030–1040.
128. Mudaliar S, Alloju S, Henry RR. Can a shift in fuel energetics explain the beneficial cardiorenal outcomes in the EMPA-REG OUTCOME study? A unifying hypothesis. *Diabetes Care* 2016;**39**:1115–1122.
129. Kappel BA, Lehrke M, Schutt K, Artati A, Adamski J, Lebherz C, Marx N. Effect of empagliflozin on the metabolic signature of patients with type 2 diabetes mellitus and cardiovascular disease. *Circulation* 2017;**136**:969–972.
130. Lopaschuk GD, Verma S. Empagliflozin's fuel hypothesis: not so soon. *Cell Metab* 2016;**24**:200–202.
131. Heise T, Jordan J, Wanner C, Heer M, Macha S, Mattheus M, Lund SS, Woerle HJ, Broedl UC. Pharmacodynamic effects of single and multiple doses of empagliflozin in patients with type 2 diabetes. *Clin Ther* 2016;**38**:2265–2276.
132. Baartscheer A, Schumacher CA, Wust RC, Fiolet JW, Stienen GJ, Coronel R, Zuurbier CJ. Empagliflozin decreases myocardial cytoplasmic Na^{+} through inhibition of the cardiac $\text{Na}^{+}/\text{H}^{+}$ exchanger in rats and rabbits. *Diabetologia* 2017;**60**:568–573.
133. Clancy CE, Chen-Izu Y, Bers DM, Belardinelli L, Boyden PA, Csernoch L, Despa S, Fermini B, Hool LC, Izu L, Kass RS, Lederer WJ, Louch WE, Maack C, Matiazzi A, Qu Z, Rajamani S, Ripinger CM, Sejersted OM, O'Rourke B, Weiss JN, Varró A, Zaza A. Deranged sodium to sudden death. *J Physiol* 2015;**593**:1331–1345.
134. Skrtic M, Yang GK, Perkins BA, Soleymanlou N, Lytvyn Y, von Eynatten M, Woerle HJ, Johansen OE, Broedl UC, Hach T, Silverman M, Cherney DZ. Characterisation of glomerular haemodynamic responses to SGLT2 inhibition in patients with type 1 diabetes and renal hyperfiltration. *Diabetologia* 2014;**57**:2599–2602.
135. Cherney DZ, Perkins BA, Soleymanlou N, Maione M, Lai V, Lee A, Fagan NM, Woerle HJ, Johansen OE, Broedl UC, von Eynatten M. Renal hemodynamic effect of sodium-glucose cotransporter 2 inhibition in patients with type 1 diabetes mellitus. *Circulation* 2014;**129**:587–597.
136. Chilton R, Tikkanen I, Cannon CP, Crowe S, Woerle HJ, Broedl UC, Johansen OE. Effects of empagliflozin on blood pressure and markers of arterial stiffness and vascular resistance in patients with type 2 diabetes. *Diabetes Obes Metab* 2015;**17**:1180–1193.
137. Gobel FL, Norstrom LA, Nelson RR, Jorgensen CR, Wang Y. The rate-pressure product as an index of myocardial oxygen consumption during exercise in patients with angina pectoris. *Circulation* 1978;**57**:549–556.
138. Verma S, Garg A, Yan AT, Gupta AK, Al-Omran M, Sabongui A, Teoh H, Mazer CD, Connelly KA. Effect of empagliflozin on left ventricular mass and diastolic function in individuals with diabetes: an important clue to the EMPA-REG OUTCOME trial? *Diabetes Care* 2016;**39**:e212–e213.
139. Cherney DZ, Perkins BA, Soleymanlou N, Har R, Fagan N, Johansen OE, Woerle HJ, von Eynatten M, Broedl UC. The effect of empagliflozin on arterial stiffness and heart rate variability in subjects with uncomplicated type 1 diabetes mellitus. *Cardiovasc Diabetol* 2014;**13**:28.
140. Fitchett D, Zinman B, Wanner C, Lachin JM, Hantel S, Salsali A, Johansen OE, Woerle HJ, Broedl UC, Inzucchi SE; EMPA-REG OUTCOME® trial investigators. Heart failure outcomes with empagliflozin in patients with type 2 diabetes at high cardiovascular risk: results of the EMPA-REG OUTCOME(R) trial. *Eur Heart J* 2016;**37**:1526–1534.
141. Butler J, Hamo CE, Filippatos G, Pocock SJ, Bernstein RA, Brueckmann M, Cheung AK, George JT, Green JB, Januzzi JL, Kaul S, Lam CSP, Lip GYH, Marx N, McCullough PA, Mehta CR, Ponikowski P, Rosenstock J, Sattar N, Salsali A, Scirica BM, Shah SJ, Tsutsui H, Verma S, Wanner C, Woerle HJ, Zannad F, Anker SD; EMPEROR Trials Program. The potential role and rationale for treatment of heart failure with sodium-glucose co-transporter 2 inhibitors. *Eur J Heart Fail* 2017;**19**:1390–1400.
142. Packer M. Are the effects of drugs to prevent and to treat heart failure always concordant? The statin paradox and its implications for understanding the actions of antidiabetic medications. *Eur J Heart Fail* 2018;**20**:1100–1105.
143. Wanner C, Inzucchi SE, Lachin JM, Fitchett D, von Eynatten M, Mattheus M, Johansen OE, Woerle HJ, Broedl UC, Zinman B; Investigators E-RO. Empagliflozin and progression of kidney disease in type 2 diabetes. *N Engl J Med* 2016;**375**:323–334.
144. Neal B, Perkovic V, Mahaffey KW, de Zeeuw D, Fulcher G, Erondou N, Shaw W, Law G, Desai M, Matthews DR, Group CPC. Canagliflozin and cardiovascular and renal events in type 2 diabetes. *N Engl J Med* 2017;**377**:644–657.
145. Verma S, Mazer CD, Al-Omran M, Inzucchi SE, Fitchett D, Hehnke U, George JT, Zinman B. Cardiovascular outcomes and safety of empagliflozin in patients with type 2 diabetes mellitus and peripheral artery disease: a subanalysis of EMPA-REG OUTCOME. *Circulation* 2018;**137**:405–407.
146. Singh JS, Fathi A, Vickneson K, Mordi I, Mohan M, Houston JG, Pearson ER, Struthers AD, Lang CC. Research into the effect Of SGLT2 inhibition on left ventricular remodelling in patients with heart failure and diabetes mellitus (REFORM) trial rationale and design. *Cardiovasc Diabetol* 2016;**15**:97.
147. Pollesello P, Papp Z, Nieminen MS. Lessons from Lisbon on AHF drug treatment: is it really true that all-old-failed-all-new-will-succeed? *Int J Cardiol* 2013;**168**:4798–4799.
148. Huxley R, Barzi F, Woodward M. Excess risk of fatal coronary heart disease associated with diabetes in men and women: meta-analysis of 37 prospective cohort studies. *BMJ* 2006;**332**:73–78.
149. Lee WL, Cheung AM, Cape D, Zinman B. Impact of diabetes on coronary artery disease in women and men: a meta-analysis of prospective studies. *Diabetes Care* 2000;**23**:962–968.
150. Lee PY, Chen WH, Ng W, Cheng X, Kwok JY, Tse HF, Lau CP. Low-dose aspirin increases aspirin resistance in patients with coronary artery disease. *Am J Med* 2005;**118**:723–727.
151. Shen H, Herzog W, Drolet M, Pakyz R, Newcomer S, Sack P, Karon H, Ryan KA, Zhao Y, Shi X, Mitchell BD, Shuldiner AR. Aspirin Resistance in healthy drug-naïve men versus women (from the Heredity and Phenotype Intervention Heart Study). *Am J Cardiol* 2009;**104**:606–612.
152. Eurich DT, Majumdar SR, McAlister FA, Tsuyuki RT, Johnson JA. Improved clinical outcomes associated with metformin in patients with diabetes and heart failure. *Diabetes Care* 2005;**28**:2345–2351.